

KEITH VINE HANDICAP CHAMPIONSHIP 2024

RACE 1 Broadstone Quarter		01-Jan	6.5 miles		Terrain multiplier		113%
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
David	Hurst	07:46	0:57:07	0:54:28	+ 2:39	1	07:35
Jonny	Hayes	06:27	0:47:30	0:44:55	+ 2:35	2	06:17
Ines	Braun	10:19	1:15:54	1:14:03	+ 1:51	3	10:11
Gary	Blaber	05:39	0:41:35	0:41:33	+ 0:02	4	05:39
Ian	Barnes	06:16	0:46:11	0:46:12	- 0:01	5	06:17
Richard	Palmer-Smyth	08:37	1:03:23	1:03:37	- 0:14	6	08:38
Roger	Teasdale	06:22	0:46:52	0:47:20	- 0:28	7	06:24
Dawn	Blaber	07:43	0:56:51	0:57:23	- 0:32	8	07:46

RACE 2 Longleat 10k		28-Jan	10 km		Terrain multiplier		112%
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Chris	Wright	05:20	0:37:15	0:35:50	+ 1:25	1	05:14
Jane	Feather	10:06	1:10:29	1:09:47	+ 0:42	2	10:03
Ian	Barnes	06:17	0:43:46	0:43:12	+ 0:34	3	06:14
Adam	Frampton	08:32	0:59:28	0:58:54	+ 0:34	3	08:29
Serena	Barnes	10:44	1:14:54	1:14:22	+ 0:32	5	10:42
Amanda	Ackroyd	08:32	0:59:29	0:58:59	+ 0:30	6	08:30
Jill	Watson	08:18	0:57:54	0:57:45	+ 0:09	7	08:17
Jane	Ward	08:17	0:57:46	0:57:43	+ 0:03	8	08:17
Stephen	Page	n/a	0:44:57	0:44:57	- 0:00	9	06:27
Nick	Frampton	n/a	0:59:27	0:59:27	- 0:00	9	08:31
John	Willis	07:19	0:51:04	0:51:05	- 0:01	11	07:19
Richard	Palmer-Smyth	08:38	1:00:10	1:00:14	- 0:04	12	08:38
Paul	Russell	06:44	0:47:01	0:47:16	- 0:15	13	06:45
Angela	Jamieson	08:47	1:01:16	1:01:40	- 0:24	14	08:49
Lisa	Yates	08:21	0:58:13	0:58:38	- 0:25	15	08:23
Julia	Slade	08:09	0:56:52	0:57:44	- 0:52	16	08:13

RACE 3 Blackmore Vale Half		04-Feb	13.1 miles		Terrain multiplier		113%
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Amanda	Ackroyd	08:30	2:12:40	2:06:16	+ 6:24	1	08:17
Steve	Page	06:27	1:40:41	1:36:07	+ 4:34	2	06:18
John	Willis	07:19	1:54:24	1:50:31	+ 3:53	3	07:12
Jane	Ward	08:17	2:09:19	2:06:29	+ 2:50	4	08:11
Dave	Hurst	07:35	1:58:24	1:56:04	+ 2:20	5	07:30
Mark	Riley	06:38	1:43:37	1:41:56	+ 1:41	6	06:35
Ian	Barnes	06:14	1:37:24	1:36:13	+ 1:11	7	06:12
Justin	Perry	06:03	1:34:26	1:33:30	+ 0:56	8	06:01
Andrew	Tuffin	07:16	1:53:31	1:52:56	+ 0:35	9	07:15
Nick	Hall	06:19	1:38:36	1:38:13	+ 0:23	10	06:18
Sarah	Perrett	09:06	2:22:16	2:21:59	+ 0:17	11	09:06
Rich	White	n/a	1:21:09	1:21:09	- 0:00	12	05:12
Gary	Blaber	05:39	1:28:13	1:28:14	- 0:01	13	05:39
Neil	Cranidge	07:52	2:02:59	2:03:16	- 0:17	14	07:53
Chris	Perrett	07:27	1:56:23	1:56:54	- 0:31	15	07:28
Stuart	Martin	06:17	1:38:14	1:39:36	- 1:22	16	06:20
Arabella	de S-K	06:50	1:46:50	1:49:38	- 2:48	17	06:56
Duncan	Ward	05:42	1:29:05	1:32:19	- 3:14	18	05:48
Paul	Russell	06:45	1:45:35	1:51:39	- 6:04	19	06:55
Richard	Palmer-Smyth	08:38	2:14:50	2:20:55	- 6:05	20	08:47
Jane	Feather	10:03	2:37:05	2:45:57	- 8:52	21	10:13
Dawn	Blaber	07:46	2:01:13	2:11:37	- 10:24	22	07:55

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RACE 4 Lytchett 10		11-Feb	10 miles		Terrain multiplier 110%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Richard	Palmer-Smyth	08:47	1:39:16	1:37:50	+ 1:26	1	08:43
Lisa	Yates	08:23	1:34:40	1:33:29	+ 1:11	2	08:19
Ian	Barnes	06:12	1:10:02	1:09:50	+ 0:12	3	06:11
Barry	Shea	05:45	1:04:55	1:05:02	- 0:07	4	05:45
Nick	Hall	06:18	1:11:11	1:11:42	- 0:31	5	06:19
Jane	Feather	10:13	1:55:28	1:57:09	- 1:41	6	10:17
Arabella	de S-K	06:56	1:18:18	1:20:49	- 2:31	7	07:02

RACE 5 Imber Ultra		03-Mar	33.0 miles		Terrain multiplier 135%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Dave	Jackson	07:04	6:29:13	6:26:05	+ 3:08	1	07:03
Mark	Riley	06:35	6:02:06	5:59:56	+ 2:10	2	06:34
Richie	Bryant	06:50	6:15:56	6:15:32	+ 0:24	3	06:50
Dave	Cox	n/a	-	6:15:32	+ 0:00	4	06:49
Charlie	Hutchinson	n/a	-	5:47:17	- 0:00	4	06:19
Paul	Russell	06:55	6:20:41	6:28:49	- 8:08	6	06:59
Nick	Hall	06:19	5:47:34	6:00:02	- 12:28	7	06:26

RACE 6 Pen Selwood 10k		14-Apr	10 Km		Terrain multiplier 113%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Sharon	Hutchings	07:09	00:49:53	00:43:15	+ 6:38	1	06:41
Jane	Feather	10:17	01:11:40	01:11:04	+ 0:36	2	10:14
Flora	Brooke	09:27	01:05:51	01:05:41	+ 0:10	3	09:26
Sarah	Wheeler	n/a	-	00:51:08	+ 0:00	4	07:20
Sophie	Hibbard	n/a	-	01:13:18	- 0:00	4	10:31
Stephen	Page	06:18	00:43:55	00:44:09	- 0:14	6	06:19
Sarah	Perrett	09:06	01:03:26	01:04:10	- 0:44	7	09:09
Chris	Perrett	07:28	00:52:03	00:54:54	- 2:51	8	07:38

RACE 7 Marnhull 12K		21-Apr	12 km		Terrain multiplier 111%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Ines	Braun	10:11	1:25:16	01:16:57	+ 8:19	1	09:41
Neil	Cranidge	07:53	1:05:59	01:02:08	+ 3:51	2	07:39
Jane	Feather	10:14	1:25:42	01:22:43	+ 2:59	3	10:04
Stephen	Page	06:19	0:52:52	00:49:59	+ 2:53	4	06:09
Roger	Teasdale	06:24	0:53:34	00:51:10	+ 2:24	5	06:15
Richard	Palmer-Smyth	08:43	1:12:55	01:10:44	+ 2:11	6	08:35
Nick	Hall	06:26	0:53:49	00:51:53	+ 1:56	7	06:19
David	Hurst	07:30	1:02:49	01:01:32	+ 1:17	8	07:26
Arabella	de S-K	07:02	0:58:52	00:57:45	+ 1:07	9	06:58
Geoff	Hammond	09:54	1:22:50	01:22:00	+ 0:50	10	09:51
Sarah	Wheeler	07:20	1:01:24	01:00:42	+ 0:42	11	07:18
Dawn	Blaber	07:55	1:06:16	01:05:56	+ 0:20	12	07:54
Angela	Jamieson	08:49	1:13:46	01:13:39	+ 0:07	13	08:48
Alfie	Blaber	n/a	-	00:54:15	+ 0:00	14	06:29
Josephine	Child	n/a	-	00:57:39	+ 0:00	14	06:53
Jane	Fowles	n/a	-	01:29:00	+ 0:00	14	10:38
Antonio	Martins	n/a	-	00:57:58	+ 0:00	14	06:55
Holly	Pitman	n/a	-	01:06:52	+ 0:00	14	07:59
Alvina	Shepard	n/a	-	01:26:37	+ 0:00	14	10:21
Chris	Perrett	07:38	1:03:54	01:04:17	- 0:23	20	07:39

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Michael Peters	06:52	0:57:29	00:57:52	- 0:23	20	06:53
John Willis	07:12	1:00:16	01:00:39	- 0:23	20	07:13
Flora Brooke	09:26	1:18:59	01:19:45	- 0:46	23	09:29
Gary Blaber	05:39	0:47:17	00:48:12	- 0:55	24	05:42
Jill Watson	08:17	1:09:24	01:10:34	- 1:10	25	08:22
Serena Barnes	10:42	1:29:35	01:30:45	- 1:10	25	10:46
Sarah Perrett	09:09	1:16:36	01:17:58	- 1:22	27	09:14
Julia Slade	08:13	1:08:46	01:10:34	- 1:48	28	08:19
Craig White	08:34	1:11:43	01:14:30	- 2:47	29	08:44
Paul Stockley	06:06	0:51:04	00:55:45	- 4:41	30	06:16
Barry Jenkins	09:44	1:21:30	01:28:54	- 7:24	31	09:54
Victoria West	09:59	1:23:34	01:33:38	- 10:04	32	10:08
Jane Ward	08:11	1:08:32	01:28:51	- 20:19	33	08:21

RACE 8 Broad Oak Hilly		18-Apr	4 miles		Terrain multiplier	112%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Serena Barnes	10:46	0:48:15	44:14	+ 4:01	1	10:19	
Jane Feather	10:04	0:45:04	43:32	+ 1:32	2	09:53	
Rich Hull	07:20	0:32:51	31:20	+ 1:31	3	07:10	
Neil Cranidge	07:39	0:34:17	33:29	+ 0:48	4	07:34	
Sarah Wheeler	07:18	0:32:40	32:07	+ 0:33	5	07:14	
John Willis	07:13	0:32:21	31:50	+ 0:31	6	07:10	
Richard Palmer-Smyth	08:35	0:38:26	37:58	+ 0:28	7	08:32	
Andrew Tuffin	07:15	0:32:28	32:01	+ 0:27	8	07:12	
Gary Blaber	05:42	0:25:33	25:21	+ 0:12	9	05:41	
Barry Shea	05:45	0:25:44	25:33	+ 0:11	10	05:43	
Chris Perrett	07:39	0:34:18	34:08	+ 0:10	11	07:38	
John Walsgrove	n/a	-	31:12	+ 0:00	12	06:58	
Oliver Hawkins	n/a	-	44:12	+ 0:00	12	09:52	
Dawn Blaber	07:54	0:35:23	35:25	- 0:02	14	07:54	
Richie Bryant	06:50	0:30:35	30:53	- 0:18	15	06:52	
Roger Teasdale	06:15	0:28:01	29:17	- 1:16	16	06:24	
Rich White	05:12	0:23:16	24:35	- 1:19	17	05:20	
Paul Stockley	06:16	0:28:04	30:01	- 1:57	18	06:26	
Angela Jameson	08:48	0:39:27	42:40	- 3:13	19	08:58	
Jane Ward	08:21	0:37:24	41:32	- 4:08	20	08:31	
Sarah Perrett	09:14	0:41:22	46:51	- 5:29	21	09:23	
Steve Rigby	05:17	0:23:39	29:18	- 5:39	22	05:26	
Paul Russell	06:59	0:31:19	41:32	- 10:13	23	07:09	

RACE 9 Hardy Half		12-May	13.1 miles		Terrain multiplier	148%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
John Willis	07:10	2:26:44	2:10:49	+ 15:55	1	06:47	
Nicholas Frampton	08:31	2:54:35	2:45:49	+ 8:46	2	08:19	
Angela Jamieson	08:58	3:03:39	2:57:18	+ 6:21	3	08:49	
Craig White	08:44	2:58:52	2:58:31	+ 0:21	4	08:43	
Adam Frampton	08:29	2:53:48	2:57:19	- 3:31	5	08:34	
Richard Palmer-Smyth	08:32	2:54:40	2:58:31	- 3:51	6	08:37	
Barry Jenkins	09:54	3:22:46	3:34:18	- 11:32	7	10:04	
Jane Feather	09:53	3:22:32	3:34:16	- 11:44	8	10:03	

RACE 10 Tarrant Valley 10k		02-Jun	10 Km		Terrain multiplier	116%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Richard Palmer-Smyth	08:37	01:01:52	0:56:36	+ 5:16	1	08:15	
Adam Frampton	08:34	01:01:30	0:58:08	+ 3:22	2	08:20	
Stephen Page	06:09	00:44:05	0:42:14	+ 1:51	3	06:01	

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Gary	Blaber	05:41	00:40:46	0:39:51	+ 0:55	4	05:37
Jane	Feather	10:03	01:12:07	1:11:26	+ 0:41	5	10:00
Sarah	Perrett	09:23	01:07:20	1:06:42	+ 0:38	6	09:20
Nick	Frampton	08:19	00:59:38	0:59:01	+ 0:37	7	08:16
Clare	Riley	09:03	01:04:59	1:04:53	+ 0:06	8	09:03
Emma	Dorey	n/a	-	1:03:22	+ 0:00	9	08:50
Angela	Jamieson	08:49	01:03:14	1:03:21	- 0:07	10	08:49
Chris	Perrett	07:38	00:54:48	0:55:08	- 0:20	11	07:40
Nick	Summons	07:29	00:53:42	0:54:02	- 0:20	12	07:30
Dawn	Blaber	07:54	00:56:42	0:57:44	- 1:02	13	07:58
Ian	Barnes	06:11	00:44:21	0:45:39	- 1:18	14	06:16
Matt	Clayton	08:17	00:59:26	1:00:49	- 1:23	15	08:23
Nick	Brooke	06:48	00:48:48	0:51:13	- 2:25	16	06:58
John	Willis	06:47	00:48:37	0:51:21	- 2:44	17	06:56
Flora	Brooke	09:29	01:08:02	1:11:10	- 3:08	18	09:38
Amanda	Jenkins	07:55	00:56:52	1:00:48	- 3:56	19	08:05

RACE 11 Purbeck 10K		14-Jun	10 Km		Terrain multiplier 110%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Ines	Braun	09:41	01:06:13	1:01:20	+ 4:53	1	09:20
Flora	Brooke	09:38	01:05:51	1:02:12	+ 3:39	2	09:22
Jane	Feather	10:00	01:08:22	1:05:47	+ 2:35	3	09:49
Sarah	Perrett	09:20	01:03:50	1:01:53	+ 1:57	4	09:12
Richard	Palmer-Smyth	08:15	00:56:25	0:55:01	+ 1:24	5	08:09
Steve	Rigby	05:26	00:37:08	0:35:58	+ 1:10	6	05:21
Chris	Perrett	07:40	00:52:22	0:51:45	+ 0:37	7	07:37
Sarah	Wheeler	07:14	00:49:25	0:49:29	- 0:04	8	07:14
Ian	Barnes	06:16	00:42:52	0:42:57	- 0:05	9	06:17
Alfie	Blaber	06:29	00:44:18	0:44:29	- 0:11	10	06:30
Dawn	Blaber	07:58	00:54:30	0:54:44	- 0:14	11	07:59
Gary	Blaber	05:37	00:38:24	0:39:02	- 0:38	12	05:40
Nick	Hall	06:19	00:43:09	0:44:00	- 0:51	13	06:23

RACE 12 John Deacon		22-Jun	6.65 miles		Terrain multiplier 107%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Lisa	Yates	08:19	1:00:57	0:56:25	+ 4:32	1	08:00
Emma	Dorey	08:50	1:04:44	1:01:20	+ 3:24	2	08:36
Sharon	Hutchings	06:41	0:48:58	0:45:53	+ 3:05	3	06:28
Angela	Jamieson	08:49	1:04:38	1:03:05	+ 1:33	4	08:43
Neil	Cranidge	07:34	0:55:26	0:54:02	+ 1:24	5	07:28
Jane	Feather	09:49	1:11:55	1:10:49	+ 1:06	6	09:44
Ian	Barnes	06:17	0:46:01	0:45:20	+ 0:41	7	06:14
Dave	Hurst	07:26	0:54:26	0:53:50	+ 0:36	8	07:23
Chris	Perrett	07:37	0:55:49	0:55:36	+ 0:13	9	07:36
Anthony	Down	n/a	-	0:59:58	+ 0:00	10	08:11
Richard	Parke	n/a	-	1:02:34	+ 0:00	10	08:32
Sarah	Wheeler	07:14	0:53:02	0:53:09	- 0:07	12	07:15
Richard	Hull	07:10	0:52:30	0:52:48	- 0:18	13	07:11
Flora	Brooke	09:22	1:08:39	1:09:37	- 0:58	14	09:26
John	Willis	06:56	0:50:49	0:51:47	- 0:58	14	07:00
Charlie	Hutchinson	06:19	0:46:15	0:47:13	- 0:58	16	06:23
Chris	Frear	06:39	0:48:44	0:49:54	- 1:10	17	06:44
Sarah	Perrett	09:12	1:07:24	1:08:53	- 1:29	18	09:18
Mark	Riley	06:34	0:48:04	0:49:42	- 1:38	19	06:40
Nick	Brooke	06:58	0:51:04	0:54:11	- 3:07	20	07:08

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RACE 13 Round The Rock 10k		07-Jul	10 km		Terrain multiplier 115%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Roger	Teasdale	06:24	00:45:33	42:00	+ 3:33	1	06:09
Ian	Barnes	06:14	00:44:22	42:33	+ 1:49	2	06:06
Dawn	Blaber	07:59	00:56:54	55:31	+ 1:23	3	07:54
Jane	Feather	09:44	01:09:21	1:09:06	+ 0:15	4	09:43
Sarah	Perrett	09:18	01:06:12	1:06:11	+ 0:01	5	09:18
Nick	Hall	06:23	00:45:24	45:25	- 0:01	6	06:23
Gary	Blaber	05:40	00:40:20	40:24	- 0:04	7	05:40
Chris	Perrett	07:36	00:54:08	54:13	- 0:05	8	07:36
Richard	Palmer-Smyth	08:09	00:58:03	58:30	- 0:27	9	08:11
John	Willis	07:00	00:49:51	53:18	- 3:27	10	07:09

RACE 14 The Club Stickler		01-Sep	9.5 miles		Terrain multiplier 138%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Barry	Jenkins	10:04	2:19:23	2:09:02	+ 10:21	1	09:42
Tim	Cotton	07:25	1:42:42	1:32:40	+ 10:02	2	07:03
Matt	Clayton	08:23	1:56:01	1:46:12	+ 9:49	3	08:01
Nick	Brooke	07:08	1:38:46	1:30:35	+ 8:11	4	06:50
Paul	Russell	07:09	1:39:00	1:31:27	+ 7:33	5	06:53
Sarah	Perrett	09:18	2:08:44	2:03:02	+ 5:42	6	09:06
Andrew	Tuffin	07:12	1:39:39	1:37:06	+ 2:33	7	07:06
Ian	Barnes	06:06	1:24:31	1:22:54	+ 1:37	8	06:03
Flora	Brooke	09:26	2:10:37	2:10:36	+ 0:01	9	09:26
Tom	Mitchell	05:54	1:21:41	1:21:44	- 0:03	10	05:54
Sharon	Hutchings	06:28	1:29:35	1:30:24	- 0:49	11	06:30
Rich	White	05:20	1:13:57	1:14:53	- 0:56	12	05:22
Nick	Hall	06:23	1:28:18	1:29:18	- 1:00	13	06:25
Jane	Feather	09:43	2:14:36	2:18:15	- 3:39	14	09:51
Sarah	Wheeler	07:15	1:40:18	1:45:00	- 4:42	15	07:24
John	Willis	07:09	1:39:00	1:44:49	- 5:49	16	07:19
John	Townsend	07:42	1:46:37	1:52:55	- 6:18	17	07:52
Dave	Hurst	07:23	1:42:16	1:48:39	- 6:23	18	07:33

RACE 15 The Beast		01-Sep	12.0 miles		Terrain multiplier 155%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
John	Walsgrove	06:58	2:17:01	1:49:44	+ 27:17	1	06:16
Julia	Szajdzicka	09:30	3:06:54	2:50:49	+ 16:05	2	09:05
Andrew	Tuffin	07:06	2:19:47	2:07:59	+ 11:48	3	06:48
Nick	Brooke	06:50	2:14:31	2:02:53	+ 11:38	4	06:33
Nick	Hall	06:25	2:06:10	2:00:38	+ 5:32	5	06:16
Jane	Ward	08:31	2:47:33	2:45:05	+ 2:28	6	08:27
Emma	Mogridge	n/a	-	2:17:46	+ 0:00	7	07:00
Paul	Russell	06:53	2:15:18	2:17:47	- 2:29	8	06:56
Ian	Barnes	06:03	1:58:56	2:01:32	- 2:36	9	06:07
Sarah	Perrett	09:06	2:58:52	3:03:03	- 4:11	10	09:12
Jane	Feather	09:51	3:13:50	3:22:22	- 8:32	11	10:01
John	Willis	07:19	2:23:57	2:32:49	- 8:52	12	07:29
Richard	Palmer-Smyth	08:11	2:41:00	2:50:02	- 9:02	13	08:21
Neil	Cranidge	07:28	2:26:55	2:45:32	- 18:37	14	07:38

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RACE 16 Black Hill 10km		22-Sep	10.50 km		Terrain multiplier 128%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Jane	Ward	08:27	1:10:36	1:07:18	+ 3:18	1	08:15
Neil	Cranidge	07:38	1:03:45	1:01:47	+ 1:58	2	07:31
Nick	Frampton	08:16	1:09:02	1:08:14	+ 0:48	3	08:13
Emma	Dorey	08:36	1:11:49	1:11:44	+ 0:05	4	08:36
Angela	Jamieson	08:43	1:12:46	1:13:03	- 0:17	5	08:44
Ian	Barnes	06:07	0:51:02	0:52:32	- 1:30	6	06:12
Adam	Frampton	08:20	1:09:37	1:11:31	- 1:54	7	08:27
Nick	Summons	07:30	1:02:38	1:06:26	- 3:48	8	07:40

RACE 17 Round the Lakes 10km		29-Sep	10 km		Terrain multiplier 109%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Jane	Feather	10:01	01:07:55	1:03:54	+ 4:01	1	09:43
Julia	Szajdzicka	09:05	01:01:38	59:40	+ 1:58	2	08:57
Rich	White	05:22	00:36:26	35:57	+ 0:29	3	05:20
Ian	Barnes	06:12	00:42:02	41:51	+ 0:11	4	06:11
Demetrie	Allard	n/a	-	53:19	+ 0:00	5	07:52
Sarah	Wheeler	07:24	00:50:10	50:45	- 0:35	6	07:27
Roger	Teasdale	06:09	00:41:40	42:34	- 0:54	7	06:13
Richard	Palmer-Smyth	08:21	00:56:37	58:47	- 2:10	8	08:31

RACE 18 Studland Stampede		06-Oct	12.5 km		Terrain multiplier 122%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Jane	Fowles	10:38	1:41:50	1:34:42	+ 7:08	1	10:16
Alvina	Shepard	10:21	1:39:06	1:35:53	+ 3:13	2	10:11
Victoria	West	10:08	1:37:03	1:34:07	+ 2:56	3	09:59
John	Willis	07:29	1:11:40	1:09:40	+ 2:00	4	07:23
Sarah	Wheeler	07:27	1:11:17	1:09:39	+ 1:38	5	07:21
Jill	Watson	08:22	1:20:04	1:18:38	+ 1:26	6	08:17
Neil	Cranidge	07:31	1:11:59	1:10:45	+ 1:14	7	07:27
Julia	Slade	08:19	1:19:42	1:18:38	+ 1:04	8	08:16
Adam	Frampton	08:27	1:20:56	1:20:18	+ 0:38	9	08:25
Steve	Fowles	08:21	1:19:58	1:19:25	+ 0:33	10	08:19
Jane	Feather	09:43	1:33:06	1:33:02	+ 0:04	11	09:43
John	Walsgrove	06:16	1:00:04	1:00:07	- 0:03	12	06:16
Ian	Barnes	06:11	0:59:15	0:59:52	- 0:37	13	06:13
Richard	Palmer-Smyth	08:31	1:21:34	1:22:47	- 1:13	14	08:35
Gary	Blaber	05:40	0:54:18	0:55:42	- 1:24	15	05:45
Lynda	Faulkner	06:45	1:04:39	1:06:54	- 2:15	16	06:52
Serena	Barnes	10:19	1:38:52	1:41:43	- 2:51	17	10:28
Roger	Teasdale	06:13	0:59:30	1:03:30	- 4:00	18	06:22
Jane	Ward	08:15	1:19:05	1:23:51	- 4:46	19	08:25
Barry	Jenkins	09:42	1:32:50	1:39:21	- 6:31	20	09:51
Angela	Jamieson	08:44	1:23:37	1:30:15	- 6:38	21	08:53
Flora	Brooke	09:26	1:30:20	1:39:51	- 9:31	22	09:35

RACE 19 Weymouth 10		27-Oct	10 miles		Terrain multiplier 110%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Ines	Braun	09:20	1:46:16	1:40:19	+ 5:57	1	09:04
Roger	Teasdale	06:22	1:12:31	1:09:25	+ 3:06	2	06:14
Sarah	Wheeler	07:21	1:23:48	1:21:58	+ 1:50	3	07:17

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Michael Peters	06:53	1:18:28	1:17:02	+ 1:26	4	06:50
Ian Barnes	06:13	1:10:49	1:09:31	+ 1:18	5	06:10
Rich White	05:20	1:00:48	1:00:02	+ 0:46	6	05:18
Jane Feather	09:43	1:50:40	1:50:32	+ 0:08	7	09:43
Emma Mogridge	07:00	1:19:45	1:19:49	- 0:04	8	07:00
Gary Blaber	05:45	1:05:24	1:05:38	- 0:14	9	05:45
Arabella de S-K	06:58	1:19:20	1:19:52	- 0:32	10	06:59
Sarah Perrett	09:06	1:43:33	1:44:33	- 1:00	11	09:08
Demetrie Allard	07:52	1:29:34	1:31:51	- 2:17	12	07:58
Jonny Hayes	06:17	1:11:29	1:15:02	- 3:33	13	06:26

RACE 20 Wimborne 10		17-Nov	10 miles		Terrain multiplier	109%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Chris Willis	11:33	2:09:17	02:00:11	+ 9:06	1	11:09	
Emma Mogridge	07:00	1:18:25	01:11:00	+ 7:25	2	06:40	
Nick Summons	07:40	1:25:49	01:20:18	+ 5:31	3	07:25	
Geoff Hammond	09:51	1:50:12	01:45:53	+ 4:19	4	09:39	
Flora Brooke	09:35	1:47:16	01:43:40	+ 3:36	5	09:25	
Lisa Yates	08:00	1:29:37	01:27:38	+ 1:59	6	07:55	
Duncan Ward	05:48	1:04:59	01:03:33	+ 1:26	7	05:45	
Lynda Faulkner	06:52	1:16:52	01:15:48	+ 1:04	8	06:49	
Jane Ward	08:25	1:34:12	01:33:17	+ 0:55	9	08:23	
Rich White	05:18	0:59:23	00:58:47	+ 0:36	10	05:17	
Steve Page	06:01	1:07:19	01:06:55	+ 0:24	11	06:00	
Serena Barnes	10:28	1:57:12	01:56:53	+ 0:19	12	10:27	
Ian Barnes	06:10	1:08:58	01:08:53	+ 0:05	13	06:09	
Arabella de SK	06:59	1:18:14	01:18:31	- 0:17	14	07:00	
Jane Feather	09:43	1:48:42	01:49:22	- 0:40	15	09:44	
Sarah Perrett	09:08	1:42:15	01:42:57	- 0:42	16	09:10	
Gary Blaber	05:45	1:04:23	01:05:59	- 1:36	17	05:49	
Sarah Wheeler	07:17	1:21:27	01:23:45	- 2:18	18	07:23	
Andrew Tuffin	06:48	1:16:10	01:18:50	- 2:40	19	06:55	
Justin Perry	06:01	1:07:19	01:10:43	- 3:24	20	06:10	
Demetrie Allard	07:58	1:29:09	01:32:46	- 3:37	21	08:08	
Graham Smith	06:46	1:15:40	01:21:39	- 5:59	22	06:55	
Barry Jenkins	09:51	1:50:15	01:59:22	- 9:07	23	10:01	
Nick Brooke	06:33	1:13:13	01:23:06	- 9:53	24	06:42	
John Willis	07:23	1:22:35	01:32:55	- 10:20	25	07:32	

RACE 21 Boscombe 10km		24-Nov	10 km		Terrain multiplier	112%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Emma Mogridge	06:40	00:46:20	0:42:43	+ 3:37	1	06:25	
Serena Barnes	10:27	01:12:35	1:10:28	+ 2:07	2	10:18	
Demetrie Allard	08:08	00:56:24	0:55:07	+ 1:17	3	08:02	
Jane Feather	09:44	01:07:37	1:06:27	+ 1:10	4	09:39	
Sarah Wheeler	07:23	00:51:14	0:51:14	- 0:00	5	07:23	
Ian Barnes	06:09	00:42:45	0:43:34	- 0:49	6	06:13	
Richard Palmer-Smyth	08:35	00:59:33	1:01:12	- 1:39	7	08:42	
Rich White	05:17	00:36:38	0:38:20	- 1:42	8	05:24	
Nick Hall	06:16	00:43:32	0:45:30	- 1:58	9	06:25	

RACE 22 NF Xmas Marathon		01-Dec	26.2 miles		Terrain multiplier	133%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Jane Fowles	10:16	7:00:39	6:03:17	+ 57:22	1	09:34	
Fabs Terzaghi	06:21	4:20:10	4:13:59	+ 6:11	2	06:16	

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Dave	Fitzsimon	07:17	4:58:46	4:53:42	+ 5:04	3	07:14
Tim	Cotton	07:03	4:49:15	4:49:15	- 0:00	4	07:03
Victoria	West	09:59	6:49:11	6:51:11	- 2:00	5	10:00
Paul	Russell	06:56	4:44:34	4:55:43	- 11:09	6	07:05
Amanda	Ackroyd	08:17	5:39:48	6:03:16	- 23:28	7	08:27

RACE 23 Sturminster 5		05-Dec	5 miles		Terrain multiplier 113%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Victoria	West	10:00	0:55:29	52:24	+ 3:05	1	09:44
Emma	Mogridge	06:25	0:35:34	32:54	+ 2:40	2	06:10
Richard	Palmer-Smyth	08:42	0:48:14	45:48	+ 2:26	3	08:29
Melanie	Birch	08:34	0:47:32	45:26	+ 2:06	4	08:23
Richie	Bryant	06:52	0:38:02	36:33	+ 1:29	5	06:44
Ian	Barnes	06:13	0:34:28	33:10	+ 1:18	6	06:06
Rich	White	05:24	0:29:57	29:14	+ 0:43	7	05:20
Chris	Wright	05:14	0:29:03	28:55	+ 0:08	8	05:14
Flora	Brooke	09:25	0:52:15	52:09	+ 0:06	9	09:25
Bryan	Munce	n/a	-	37:39	+ 0:00	10	06:47
Dave	Cull	n/a	-	40:37	+ 0:00	11	07:19
Charley	Mack	n/a	-	46:52	+ 0:00	12	08:27
Dave	Fitzsimon	07:14	0:40:04	40:09	- 0:05	13	07:14
Steve	Page	06:00	0:33:15	33:23	- 0:08	14	06:01
Lisa	Yates	07:55	0:43:54	44:05	- 0:11	15	07:56
Sarah	Wheeler	07:23	0:40:55	41:08	- 0:13	16	07:24
John	Willis	07:32	0:41:46	42:15	- 0:29	17	07:35
Nick	Hall	06:25	0:35:34	36:09	- 0:35	18	06:28
Andrew	Tuffin	06:55	0:38:24	39:01	- 0:37	19	06:59
Jane	Feather	09:39	0:53:33	54:36	- 1:03	20	09:45
Rachel	Harrison	07:46	0:43:03	45:06	- 2:03	21	07:55

