

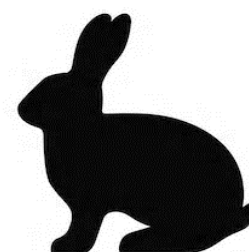
## AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Longleat 10k		28 Jan		10 km		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	62	00:43:12	00:34:32	1	
Christopher	Wright	37	00:35:50	00:35:12	2	
Stephen	Page	56	00:44:57	00:37:57	3	
Paul	Russell	50	00:47:16	00:42:02	4	
Jane	Ward	55	00:57:43	00:48:03		1
Jane	Feather	68	01:09:47	00:48:34		2
John	Willis	38	00:51:05	00:49:54	5	
Jill	Watson	51	00:57:45	00:50:30		3
Adam	Frampton	52	00:58:54	00:51:30	6	
Julia	Slade	48	00:57:44	00:52:18		4
Nicolas	Frampton	50	00:59:27	00:52:52	7	
Richard	Palmer-Smyth	51	01:00:14	00:53:07	8	
Angela	Jamieson	51	01:01:40	00:53:56		5
Amanda	Ackroyd	45	00:58:59	00:55:09		6
Lisa	Yates	40	00:58:38	00:56:57		7
Serena	Barnes	56	01:14:22	01:01:08		8



Blackmore Vale Half		04 Feb		Half Mara		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	62	01:36:13	01:17:15	1	
Gary	Blaber	50	01:28:14	01:19:04	2	
Stuart	Martin	63	01:39:36	01:19:11	3	
Rich	White	38	01:21:09	01:19:50	4	
Duncan	Ward	54	01:32:19	01:19:51	5	
Steve	Page	56	01:36:07	01:21:39	6	
Justin	Perry	51	01:33:30	01:23:04	7	
Nick	Hall	42	01:38:13	01:34:08	8	
Mark	Riley	45	01:41:56	01:35:18	9	
Dave	Hurst	57	01:56:04	01:37:42	10	
Paul	Russell	50	01:51:39	01:40:03	11	
Chris	Perrett	55	01:56:54	01:40:12	12	
Arabella	de S-K	45	01:49:38	01:41:53		1
Andrew	Tuffin	49	01:52:56	01:42:05	13	
Neil	Cranidge	57	02:03:16	01:43:45	14	
Jane	Ward	55	02:06:29	01:44:35		2
John	Willis	38	01:50:31	01:48:43	15	
Jane	Feather	68	02:45:57	01:54:33		3
Dawn	Blaber	50	02:11:37	01:55:44		4
Amanda	Ackroyd	45	02:06:16	01:57:20		5
Sarah	Perrett	50	02:21:59	02:04:51		6
Richard	Palmer-Smyth	51	02:20:55	02:05:11	16	

Marnhull 12k		21 Apr		12 km		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Stephen	Page	57	00:49:59	00:41:53	1	
Gary	Blaber	50	00:48:12	00:42:56	2	
Michael	Peters	62	00:57:52	00:46:19	3	
Roger	Teasdale	48	00:51:10	00:46:21	4	
Paul	Stockley	56	00:55:45	00:47:09	5	
Antonio	Martins	59	00:57:58	00:47:42	6	
Sarah	Wheeler	57	01:00:42	00:49:15		1
Nick	Hall	42	00:51:53	00:49:21	7	
David	Hurst	57	01:01:32	00:51:34	8	
Neil	Cranidge	57	01:02:08	00:52:04	9	
Flora	Brooke	71	01:19:45	00:53:00		2



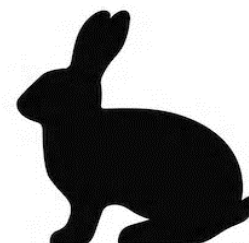
## AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Arabella	de S-K	45	00:57:45	00:53:59		3
Alfie	Blaber	22	00:54:15	00:54:15	10	
Chris	Perrett	56	01:04:17	00:54:21	11	
Josephine	Child	36	00:57:39	00:57:04		4
Jane	Feather	68	01:22:43	00:57:34		5
Dawn	Blaber	50	01:05:56	00:58:21		6
Craig	White	63	01:14:30	00:59:03	12	
John	Willis	38	01:00:39	00:59:21	13	
Jill	Watson	51	01:10:34	01:01:43		7
Ines	Braun	57	01:16:57	01:02:27		8
Richard	Palmer-Smyth	51	01:10:44	01:02:29	14	
Geoff	Hammond	65	01:22:00	01:03:46	15	
Julia	Slade	48	01:10:34	01:03:56		9
Angela	Jamieson	51	01:13:39	01:04:24		10
Holly	Pitman	22	01:06:52	01:06:52		11
Sarah	Perrett	50	01:17:58	01:09:00		12
Barry	Jenkins	58	01:28:54	01:13:50	16	
Alvina	Shepard	52	01:26:37	01:13:56		13
Jane	Ward	55	01:28:51	01:13:58		14
Serena	Barnes	56	01:30:45	01:14:36		15
Jane	Fowles	49	01:29:00	01:19:42		16
Victoria	West	49	01:33:38	01:23:51		17



Broad Oak Hilly		25 Apr		4 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Gary	Blaber	50	25:21	22:23	1	
Barry	Shea	48	25:33	22:55	2	
Rich	White	38	24:35	23:46	3	
John	Walsgrove	62	31:12	24:56	4	
Paul	Stockley	56	30:01	25:15	5	
Roger	Teasdale	48	29:17	26:16	6	
Sarah	Wheeler	57	32:07	26:21		1
Rich	Hull	54	31:20	26:47	7	
Steve	Rigby	40	29:18	27:55	8	
Neil	Cranidge	57	33:29	27:56	9	
Richie	Bryant	46	30:53	28:08	10	
Andrew	Tuffin	50	32:01	28:16	11	
Chris	Perrett	56	34:08	28:42	12	
John	Willis	38	31:50	30:46	13	
Jane	Feather	67	43:32	30:56		2
Dawn	Blaber	50	35:25	31:32		3
Richard	Palmer-Smyth	51	37:58	33:15	14	
Jane	Ward	55	41:32	34:55		4
Angela	Jameson	51	41:32	36:34		5
Sarah	Perrett	50	42:40	38:00		6
Serena	Barnes	56	46:51	38:55		7
Paul	Russell	50	44:14	39:03	15	
Oliver	Hawkins	-	44:12	44:12	16	

Hardy Half		12 May		Half Mara		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
John	Willis	38	02:10:49	02:08:41	1	
Craig	White	63	02:58:31	02:21:55	2	
Jane	Feather	68	03:34:16	02:27:54		1
Nicholas	Frampton	50	02:45:49	02:28:35	3	
Angela	Jamieson	51	02:57:18	02:34:02		2
Adam	Frampton	52	02:57:19	02:36:09	4	
Richard	Palmer-Smyth	51	02:58:31	02:38:36	5	



## AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

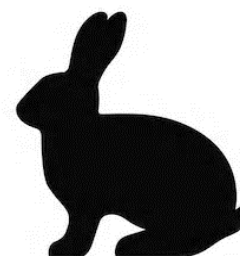
Barry	Jenkins	58	03:34:18	02:58:42	6
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Tarrant Valley 10k		02 Jun		10 km	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Stephen	Page	57	42:14	35:21	1
Gary	Blaber	50	39:51	35:26	2
Ian	Barnes	62	45:39	36:30	3
Nick	Brooke	71	51:13	37:25	4
Chris	Perrett	56	55:08	46:33	5
Flora	Brooke	71	1:11:10	47:17	1
Nick	Summons	51	54:02	47:39	6
Matt	Clayton	64	1:00:49	47:43	7
Jane	Feather	68	1:11:26	49:43	2
Richard	Palmer-Smyth	51	56:36	49:55	8
John	Willis	38	51:21	50:10	9
Adam	Frampton	52	58:08	50:50	10
Dawn	Blaber	50	57:44	51:06	3
Nick	Frampton	50	59:01	52:29	11
Amanda	Jenkins	50	1:00:48	53:48	4
Angela	Jamieson	51	1:03:21	55:24	5
Sarah	Perrett	50	1:06:42	59:02	6
Emma	Dorey	43	1:03:22	1:00:16	7
Clare	Riley	43	1:04:53	1:01:43	8



Round The Rock 10k		07 Jul		10km	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	62	42:33	34:01	1
Gary	Blaber	50	40:24	35:56	2
Roger	Teasdale	48	42:00	37:59	3
Nick	Hall	42	45:25	43:06	4
Chris	Perrett	56	54:13	45:47	5
Jane	Feather	68	1:09:06	48:06	1
Dawn	Blaber	50	55:31	49:08	2
Richard	Palmer-Smyth	51	58:30	51:35	6
John	Willis	38	53:18	52:04	7
Sarah	Perrett	51	1:06:11	57:53	3

Club Stickler		21 Jul		9.5 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Brooke	71	1:30:35	1:06:16	1
Ian	Barnes	62	1:22:54	1:06:26	2
Rich	White	38	1:14:53	1:13:27	3
Tim	Cotton	58	1:32:40	1:17:05	4
Paul	Russell	50	1:31:27	1:21:40	5
Tom	Mitchell	29	1:21:44	1:21:44	6
Matt	Clayton	64	1:46:12	1:23:28	7
Sarah	Wheeler	57	1:45:00	1:24:37	1
Nick	Hall	42	1:29:18	1:25:13	8
Flora	Brooke	71	2:10:36	1:26:02	2
Andrew	Tuffin	50	1:37:06	1:26:43	9
Sharon	Hutchings	27	1:30:24	1:30:24	3
Dave	Hurst	57	1:48:39	1:31:13	10
Jane	Feather	68	2:18:15	1:35:26	4
John	Townsend	54	1:52:55	1:37:23	11
John	Willis	38	1:44:49	1:42:49	12
Barry	Jenkins	59	2:09:02	1:46:21	13
Sarah	Perrett	51	2:03:02	1:46:53	5



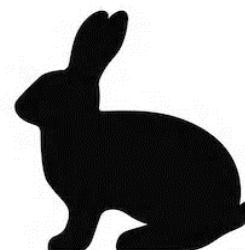
## AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

<b>The Beast</b>		<b>01 Sep 11.97 miles</b>				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
John	Walsgrove	62	1:49:44	1:28:02	1	
Nick	Brooke	71	2:02:53	1:29:58	2	
Ian	Barnes	63	2:01:32	1:36:44	3	
Andrew	Tuffin	50	2:07:59	1:54:34	4	
Nick	Hall	42	2:00:38	1:55:28	5	
Paul	Russell	50	2:17:47	2:03:21	6	
Julia	Szajdzicka	62	2:50:49	2:08:41		1
Jane	Ward	56	2:45:05	2:14:45		2
Emma	Mogridge	33	2:17:46	2:17:10		3
Neil	Cranidge	58	2:45:32	2:17:56	7	
Jane	Feather	68	3:22:22	2:19:42		4
Richard	Palmer-Smyth	52	2:50:02	2:29:35	8	
John	Willis	38	2:32:49	2:30:12	9	
Sarah	Perrett	51	3:03:03	2:39:02		5



<b>Studland Stampede</b>		<b>06 Oct 7 miles</b>				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	63	59:52	47:28	1	
John	Walsgrove	62	1:00:07	48:07	2	
Gary	Blaber	51	55:42	49:13	3	
Lynda	Faulkner	58	1:06:54	53:51		1
Sarah	Wheeler	57	1:09:39	56:27		2
Roger	Teasdale	48	1:03:30	57:33	4	
Neil	Cranidge	58	1:10:45	58:46	5	
Jane	Feather	68	1:33:02	1:04:40		3
Flora	Brooke	71	1:39:51	1:06:15		4
John	Willis	38	1:09:40	1:08:12	6	
Jill	Watson	51	1:18:38	1:08:41		5
Jane	Ward	56	1:23:51	1:08:51		6
Steve	Fowles	52	1:19:25	1:09:35	7	
Adam	Frampton	53	1:20:18	1:09:44	8	
Julia	Slade	49	1:18:38	1:10:20		7
Richard	Palmer-Smyth	52	1:22:47	1:12:32	9	
Angela	Jamieson	51	1:30:15	1:18:50		8
Alvina	Shepard	53	1:35:53	1:21:45		9
Barry	Jenkins	59	1:39:21	1:21:46	10	
Serena	Barnes	57	1:41:43	1:22:27		10
Victoria	West	49	1:34:07	1:24:12		11
Jane	Fowles	49	1:34:42	1:24:43		12

<b>Wimborne 10</b>		<b>17 Nov 10 miles</b>				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Duncan	Ward	55	1:03:33	0:54:21	1	
Ian	Barnes	63	1:08:53	0:54:41	2	
Steve	Page	57	1:06:55	0:56:12	3	
Rich	White	39	0:58:47	0:57:22	4	
Gary	Blaber	51	1:05:59	0:58:27	5	
Lynda	Faulkner	58	1:15:48	1:00:17		1
Graham	Smith	70	1:21:39	1:00:26	6	
Nick	Brooke	71	1:23:06	1:00:48	7	
Justin	Perry	52	1:10:43	1:02:06	8	
Sarah	Wheeler	57	1:23:45	1:07:29		2
Flora	Brooke	71	1:43:40	1:08:18		3
Andrew	Tuffin	50	1:18:50	1:10:26	9	

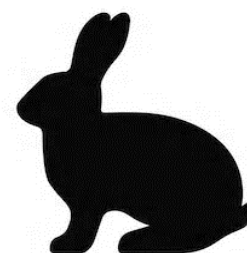


## AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Emma	Mogridge	33	1:11:00	1:10:41		4
Nick	Summons	51	1:20:18	1:11:08	10	
Arabella	de SK	46	1:18:31	1:12:15		5
Jane	Feather	69	1:49:22	1:14:21		6
Jane	Ward	56	1:33:17	1:16:09		7
Geoff	Hammond	66	1:45:53	1:21:37	11	
Lisa	Yates	41	1:27:38	1:24:09		8
Chris	Willis	66	2:00:11	1:25:29		9
Demetrie	Allard	43	1:32:46	1:27:52	12	
Sarah	Perrett	51	1:42:57	1:29:27		10
John	Willis	39	1:32:55	1:30:40	13	
Serena	Barnes	57	1:56:53	1:34:11		11
Barry	Jenkins	59	1:59:22	1:38:25	14	



STUR 5		07 Dec		5 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	63	33:10	26:16	1	
Steve	Page	57	33:23	27:53	2	
Chris	Wright	38	28:55	28:06	3	
Rich	White	39	29:14	28:13	4	
Emma	Mogridge	33	32:54	32:49		1
Richie	Bryant	47	36:33	33:10	5	
Sarah	Wheeler	57	41:08	33:34		2
Nick	Hall	43	36:09	33:51	6	
Andrew	Tuffin	50	39:01	34:34	7	
Flora	Brooke	71	52:09	35:04		3
Dave	Fitzsimon	45	40:09	37:01	8	
Bryan	Munce	36	37:39	37:01	8	
Jane	Feather	69	54:36	37:50		4
Melanie	Birch	55	45:26	38:00		5
Rachel	Harrison	52	45:06	39:07		6
Richard	Palmer-Smyth	52	45:48	39:55	10	
Dave	Cull	35	40:37	40:07	11	
John	Willis	39	42:15	40:47	12	
Lisa	Yates	41	44:05	42:35		7
Charley	Mack	22	46:52	46:52		8
Victoria	West	49	52:24	47:03		9



Best Marathon		Whenever		26.2 Miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	EVENT	DATE
Rich	White	38	2:50:32	2:47:45	1		Edinburgh	26-May
Ian	Barnes	62	3:30:20	2:48:51	2		NDVM	05-May
Siobhan	McFeely	65	3:57:09	2:49:28		1	London	21-Apr
Steve	Rigby	40	2:55:18	2:50:29	3		NDVM	05-May
Christopher	Wright	38	2:53:52	2:51:02	4		London	21-Apr
David	Jackson	65	3:52:00	3:00:49	5		London	21-Apr
Justin	Perry	51	3:40:15	3:15:40	6		Brighton	07-Apr
Fabs	Terzaghi	59	4:09:07	3:25:48	7		Salisbury Plain	12-Oct
Tim	Cotton	58	4:13:51	3:31:41	8		NDVM	05-May
Andrew	Tuffin	50	4:00:14	3:35:16	9		NDVM	05-May
Nick	Brooke	71	4:55:06	3:36:08	10		Clarendon	06-Oct
Nick	Summons	51	4:25:26	3:55:49	11		London	21-Apr
Craig	White	63	5:14:58	4:10:24	12		New Forest	08-Sep
Charlie	Hutchinson	26	4:12:13	4:12:13	13		Eden, Cornwall	20-Oct
Amanda	Ackroyd	45	4:38:30	4:19:30		2	London	21-Apr
Paul	Russell	50	4:55:43	4:25:00	14		New Forest Xmas	01-Dec
Dave	Fitzsimon	45	4:53:42	4:34:37	15		New Forest Xmas	01-Dec

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Jane	Fowles	49	6:03:17	5:23:32		3	New Forest Xmas	01-Dec
Suzanna	Baker	42	5:57:08	5:41:36		4	NDVM	05-May
Victoria	West	49	6:51:11	6:06:12		5	New Forest Xmas	01-Dec

Best 5K		Whenever 5K						
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	EVENT	DATE
Duncan	Ward	55	18:12	15:24	1		Battersea	01-Dec
Ian	Barnes	63	19:31	15:29	2		Yeovilton	11-Sep
Gary	Blaber	50	18:14	16:03	3		Blandford	16-Mar
Steve	Page	57	19:23	16:09	4		Yeovilton	11-Sep
Graham	Smith	69	21:43	16:19	5		Blandford	13-Jul
Rich	White	39	17:18	16:30	6		Blandford	07-Sep
Christopher	Wright	38	17:13	16:32	7		Swansea	22-Jun
Nick	Brooke	71	23:02	16:55	8		Blandford	13-Jul
Mike	St Leger	61	21:12	17:06	9		Blandford	28-Sep
Justin	Perry	51	19:45	17:15	10		Blandford	10-Feb
Lynda	Faulkner	58	21:17	17:22		1	Blandford	10-Aug
Paul	Stockley	56	20:51	17:31	11		Blandford	02-Nov
Roger	Teasdale	48	20:18	18:08	12		Blandford	20-Jan
Sarah	Wheeler	57	22:29	18:34		2	Blandford	20-Jul
Nick	Hall	42	19:57	18:38	13		Blandford	23-Mar
Sharon	Hutchings	27	18:44	18:44		3	Blandford	28-Sep
Paul	Russell	50	21:18	18:45	14		Blandford	10-Feb
Neil	Cranidge	58	22:58	18:59	15		Lowestoft	27-Jul
Nick	Papas	62	23:45	19:00	16		Blandford	01-Jun
Richard	Hull	54	22:30	19:12	17		Blandford	04-May
David	Hurst	57	23:26	19:31	18		Blandford	25-May
Brian	Murison	78	29:58	19:37	19		Blandford	30-Mar
Tim	Cotton	57	23:41	19:44	20		Blandford	06-Jan
Flora	Brooke	71	28:40	19:46		4	Blandford	17-Aug
Chris	Perrett	56	23:38	19:51	21		Blandford	17-Feb
Nick	Summons	51	22:45	19:52	22		Blandford	13-Jul
Tom	Mitchell	29	20:14	20:12	23		Reading	10-Aug
Michael	Peters	63	25:28	20:12	23		Ludlow	31-Aug
Phil	Monk	54	23:53	20:23	25		Blandford	27-Jul
John	Townsend	54	23:56	20:25	26		Blandford	14-Sep
Shams	Wahab	60	25:19	20:35	27		Blandford	13-Jan
Colin	Ryall	60	25:38	20:51	28		Blandford	22-Jun
Joan	Royal	86	40:20	20:53		5	Blandford	25-May
Dave	Jackson	65	26:54	20:58	29		Blandford	06-Jan
Mark	Stockford	52	24:11	20:58	29		Yeovilton	10-Apr
Alfie	Blaber	22	21:06	21:06	31		Blandford	20-Jul
Carlos	Blanco	60	26:04	21:12	32		Blandford	06-Jan
Craig	White	63	26:56	21:21	33		Blandford	13-Jan
Jane	Ward	56	25:53	21:37		6	Five Arches	09-Nov
Matthias	Weber	38	22:41	21:47	34		Schwanenteich	13-Jan
Richard	Palmer-Smyth	51	25:18	22:06	35		Blandford	25-May
John	Willis	38	23:04	22:09	36		Blandford	16-Mar
Suzanna	Baker	42	23:34	22:40		7	Blandford	27-Jan
Richard	Parke	48	25:33	22:50	37		Blandford	27-Apr
Melanie	Birch	54	27:00	23:05		8	Valencia	11-Feb
Dawn	Blaber	50	26:01	23:15		9	Blandford	10-Aug
Sara	Cross	64	30:49	23:21		10	Blandford	29-Jun
Jane	Feather	68	33:02	23:45		11	Blandford	16-Mar
Demetrie	Allard	43	25:37	23:45	38		Exmouth	31-Aug
Geoff	Hammond	65	30:49	24:01	39		Blandford	04-May
Ines	Braun	57	29:14	24:08		12	Yeovilton	08-May
Jill	Watson	51	27:51	24:37		13	Vobster, Frome	16-Aug
Adam	Frampton	52	28:29	24:41	40		Crewe	08-Jun

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Chris	Willis	66	33:39	24:51		14	Blandford	12-Oct
Sarah	Perrett	50	27:48	24:51		14	Blandford	06-Jan
Natasha	Evans	34	25:06	25:00		16	Blandford	31-Aug
Amanda	Ackroyd	45	26:39	25:03		17	Blandford	27-Jan
Julia	Slade	49	27:55	25:13		18	Vobster, Frome	16-Aug
Joanne	Clarke	58	31:16	25:31		19	Blandford	20-Apr
Tom	Collis	36	26:18	25:36	41		Blandford	27-Jul
Angela	Jamieson	50	29:09	26:03		20	Blandford	29-Jun
Holly	Pitman	22	26:21	26:21		21	Blandford	17-Aug
Geoff	Horwood	60	32:33	26:28	42		Blandford	13-Apr
Alvina	Shepard	53	30:45	26:35		22	Blandford	21-Sep
Emma	Dorey	43	27:54	26:39		23	Blandford	17-Aug
Deborah	Garratt	48	29:52	27:16		24	Blandford	08-Jun
Barry	Jenkins	58	33:20	27:33	43		Blandford	16-Mar
Mark	Damen	38	29:23	28:13	44		Woolacombe	12-Oct
Serena	Barnes	56	33:53	28:18		25	Blandford	03-Feb
Hayley	Stack	39	29:13	28:35		26	Poole	16-Nov
Jess	Boksteijn-Woods	38	31:07	30:35		27	Blandford	10-Aug
John	Cowley	68	41:01	31:08	45		Blandford	12-Oct
Samantha	Van Der Berg	54	37:57	32:26		28	Blandford	10-Aug
Peter	Waterer	59	54:30	44:41	46		Blandford	06-Jan
Pat	Clayton	54	54:29	46:34		29	Blandford	06-Jan

