

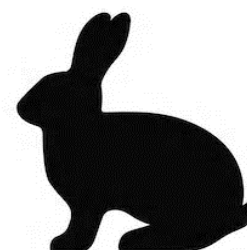
AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Longleat 10k		28 Jan 10 km				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	62	00:43:12	00:34:32	1	
Christopher	Wright	37	00:35:50	00:35:12	2	
Stephen	Page	56	00:44:57	00:37:57	3	
Paul	Russell	50	00:47:16	00:42:02	4	
Jane	Ward	55	00:57:43	00:48:03		1
Jane	Feather	68	01:09:47	00:48:34		2
John	Willis	38	00:51:05	00:49:54	5	
Jill	Watson	51	00:57:45	00:50:30		3
Adam	Frampton	52	00:58:54	00:51:30	6	
Julia	Slade	48	00:57:44	00:52:18		4
Nicolas	Frampton	50	00:59:27	00:52:52	7	
Richard	Palmer-Smyth	51	01:00:14	00:53:07	8	
Angela	Jamieson	51	01:01:40	00:53:56		5
Amanda	Ackroyd	45	00:58:59	00:55:09		6
Lisa	Yates	40	00:58:38	00:56:57		7
Serena	Barnes	56	01:14:22	01:01:08		8



Blackmore Vale Half		04 Feb Half Mara				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	62	01:36:13	01:17:15	1	
Gary	Blaber	50	01:28:14	01:19:04	2	
Stuart	Martin	63	01:39:36	01:19:11	3	
Rich	White	38	01:21:09	01:19:50	4	
Duncan	Ward	54	01:32:19	01:19:51	5	
Steve	Page	56	01:36:07	01:21:39	6	
Justin	Perry	51	01:33:30	01:23:04	7	
Nick	Hall	42	01:38:13	01:34:08	8	
Mark	Riley	45	01:41:56	01:35:18	9	
Dave	Hurst	57	01:56:04	01:37:42	10	
Paul	Russell	50	01:51:39	01:40:03	11	
Chris	Perrett	55	01:56:54	01:40:12	12	
Arabella	de S-K	45	01:49:38	01:41:53		1
Andrew	Tuffin	49	01:52:56	01:42:05	13	
Neil	Cranidge	57	02:03:16	01:43:45	14	
Jane	Ward	55	02:06:29	01:44:35		2
John	Willis	38	01:50:31	01:48:43	15	
Jane	Feather	68	02:45:57	01:54:33		3
Dawn	Blaber	50	02:11:37	01:55:44		4
Amanda	Ackroyd	45	02:06:16	01:57:20		5
Sarah	Perrett	50	02:21:59	02:04:51		6
Richard	Palmer-Smyth	51	02:20:55	02:05:11	16	

Marnhull 12k		21 Apr 12 km				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Stephen	Page	57	00:49:59	00:41:53	1	
Gary	Blaber	50	00:48:12	00:42:56	2	
Michael	Peters	62	00:57:52	00:46:19	3	
Roger	Teasdale	48	00:51:10	00:46:21	4	
Paul	Stockley	56	00:55:45	00:47:09	5	
Antonio	Martins	59	00:57:58	00:47:42	6	
Sarah	Wheeler	57	01:00:42	00:49:15		1
Nick	Hall	42	00:51:53	00:49:21	7	
David	Hurst	57	01:01:32	00:51:34	8	
Neil	Cranidge	57	01:02:08	00:52:04	9	



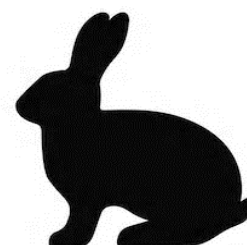
AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Flora	Brooke	71	01:19:45	00:53:00		2
Arabella	de S-K	45	00:57:45	00:53:59		3
Alfie	Blaber	22	00:54:15	00:54:15	10	
Chris	Perrett	56	01:04:17	00:54:21	11	
Josephine	Child	36	00:57:39	00:57:04		4
Jane	Feather	68	01:22:43	00:57:34		5
Dawn	Blaber	50	01:05:56	00:58:21		6
Craig	White	63	01:14:30	00:59:03	12	
John	Willis	38	01:00:39	00:59:21	13	
Jill	Watson	51	01:10:34	01:01:43		7
Ines	Braun	57	01:16:57	01:02:27		8
Richard	Palmer-Smyth	51	01:10:44	01:02:29	14	
Geoff	Hammond	65	01:22:00	01:03:46	15	
Julia	Slade	48	01:10:34	01:03:56		9
Angela	Jamieson	51	01:13:39	01:04:24		10
Holly	Pitman	22	01:06:52	01:06:52		11
Sarah	Perrett	50	01:17:58	01:09:00		12
Barry	Jenkins	58	01:28:54	01:13:50	16	
Alvina	Shepard	52	01:26:37	01:13:56		13
Jane	Ward	55	01:28:51	01:13:58		14
Serena	Barnes	56	01:30:45	01:14:36		15
Jane	Fowles	49	01:29:00	01:19:42		16
Victoria	West	49	01:33:38	01:23:51		17



Broad Oak Hilly		25 Apr 4 miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Gary	Blaber	50	25:21	22:23	1	
Barry	Shea	48	25:33	22:55	2	
Rich	White	38	24:35	23:46	3	
John	Walsgrove	62	31:12	24:56	4	
Paul	Stockley	56	30:01	25:15	5	
Roger	Teasdale	48	29:17	26:16	6	
Sarah	Wheeler	57	32:07	26:21		1
Rich	Hull	54	31:20	26:47	7	
Steve	Rigby	40	29:18	27:55	8	
Neil	Cranidge	57	33:29	27:56	9	
Richie	Bryant	46	30:53	28:08	10	
Andrew	Tuffin	50	32:01	28:16	11	
Chris	Perrett	56	34:08	28:42	12	
John	Willis	38	31:50	30:46	13	
Jane	Feather	67	43:32	30:56		2
Dawn	Blaber	50	35:25	31:32		3
Richard	Palmer-Smyth	51	37:58	33:15	14	
Jane	Ward	55	41:32	34:55		4
Angela	Jameson	51	41:32	36:34		5
Sarah	Perrett	50	42:40	38:00		6
Serena	Barnes	56	46:51	38:55		7
Paul	Russell	50	44:14	39:03	15	
Oliver	Hawkins	-	44:12	44:12	16	

Hardy Half		12 May Half Mara				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
John	Willis	38	02:10:49	02:08:41	1	
Craig	White	63	02:58:31	02:21:55	2	
Jane	Feather	68	03:34:16	02:27:54		1
Nicholas	Frampton	50	02:45:49	02:28:35	3	
Angela	Jamieson	51	02:57:18	02:34:02		2



AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

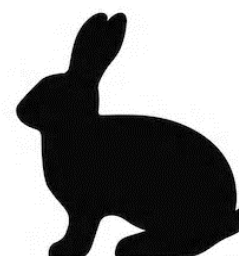
Adam	Frampton	52	02:57:19	02:36:09	4	
Richard	Palmer-Smyth	51	02:58:31	02:38:36	5	
Barry	Jenkins	58	03:34:18	02:58:42	6	



Tarrant Valley 10k		02 Jun 10 km				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Stephen	Page	57	42:14	35:21	1	
Gary	Blaber	50	39:51	35:26	2	
Ian	Barnes	62	45:39	36:30	3	
Nick	Brooke	71	51:13	37:25	4	
Chris	Perrett	56	55:08	46:33	5	
Flora	Brooke	71	1:11:10	47:17		1
Nick	Summons	51	54:02	47:39	6	
Matt	Clayton	64	1:00:49	47:43	7	
Jane	Feather	68	1:11:26	49:43		2
Richard	Palmer-Smyth	51	56:36	49:55	8	
John	Willis	38	51:21	50:10	9	
Adam	Frampton	52	58:08	50:50	10	
Dawn	Blaber	50	57:44	51:06		3
Nick	Frampton	50	59:01	52:29	11	
Amanda	Jenkins	50	1:00:48	53:48		4
Angela	Jamieson	51	1:03:21	55:24		5
Sarah	Perrett	50	1:06:42	59:02		6
Emma	Dorey	43	1:03:22	1:00:16		7
Clare	Riley	43	1:04:53	1:01:43		8

Round The Rock 10k		07 Jul 10km				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Ian	Barnes	62	42:33	34:01	1	
Gary	Blaber	50	40:24	35:56	2	
Roger	Teasdale	48	42:00	37:59	3	
Nick	Hall	42	45:25	43:06	4	
Chris	Perrett	56	54:13	45:47	5	
Jane	Feather	68	1:09:06	48:06		1
Dawn	Blaber	50	55:31	49:08		2
Richard	Palmer-Smyth	51	58:30	51:35	6	
John	Willis	38	53:18	52:04	7	
Sarah	Perrett	51	1:06:11	57:53		3

Club Stickler		21 Jul 9.5 miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick	Brooke	71	1:30:35	1:06:16	1	
Ian	Barnes	62	1:22:54	1:06:26	2	
Rich	White	38	1:14:53	1:13:27	3	
Tim	Cotton	58	1:32:40	1:17:05	4	
Paul	Russell	50	1:31:27	1:21:40	5	
Tom	Mitchell	29	1:21:44	1:21:44	6	
Matt	Clayton	64	1:46:12	1:23:28	7	
Sarah	Wheeler	57	1:45:00	1:24:37		1
Nick	Hall	42	1:29:18	1:25:13	8	
Flora	Brooke	71	2:10:36	1:26:02		2
Andrew	Tuffin	50	1:37:06	1:26:43	9	
Sharon	Hutchings	27	1:30:24	1:30:24		3
Dave	Hurst	57	1:48:39	1:31:13	10	
Jane	Feather	68	2:18:15	1:35:26		4



AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

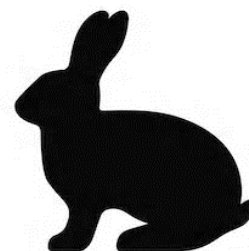
John	Townsend	54	1:52:55	1:37:23	11	
John	Willis	38	1:44:49	1:42:49	12	
Barry	Jenkins	59	2:09:02	1:46:21	13	
Sarah	Perrett	51	2:03:02	1:46:53		5



The Beast		01 Sep		11.97 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
John	Walsgrove	62	1:49:44	1:28:02	1	
Nick	Brooke	71	2:02:53	1:29:58	2	
Ian	Barnes	63	2:01:32	1:36:44	3	
Andrew	Tuffin	50	2:07:59	1:54:34	4	
Nick	Hall	42	2:00:38	1:55:28	5	
Paul	Russell	50	2:17:47	2:03:21	6	
Julia	Szajdzicka	62	2:50:49	2:08:41		1
Jane	Ward	56	2:45:05	2:14:45		2
Emma	Mogridge	33	2:17:46	2:17:10		3
Neil	Cranidge	58	2:45:32	2:17:56	7	
Jane	Feather	68	3:22:22	2:19:42		4
Richard	Palmer-Smyth	52	2:50:02	2:29:35	8	
John	Willis	38	2:32:49	2:30:12	9	
Sarah	Perrett	51	3:03:03	2:39:02		5

Studland Stampede		06 Oct		7 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	63	59:52	47:28	1	
John	Walsgrove	62	1:00:07	48:07	2	
Gary	Blaber	51	55:42	49:13	3	
Lynda	Faulkner	58	1:06:54	53:51		1
Sarah	Wheeler	57	1:09:39	56:27		2
Roger	Teasdale	48	1:03:30	57:33	4	
Neil	Cranidge	58	1:10:45	58:46	5	
Jane	Feather	68	1:33:02	1:04:40		3
Flora	Brooke	71	1:39:51	1:06:15		4
John	Willis	38	1:09:40	1:08:12	6	
Jill	Watson	51	1:18:38	1:08:41		5
Jane	Ward	56	1:23:51	1:08:51		6
Steve	Fowles	52	1:19:25	1:09:35	7	
Adam	Frampton	53	1:20:18	1:09:44	8	
Julia	Slade	49	1:18:38	1:10:20		7
Richard	Palmer-Smyth	52	1:22:47	1:12:32	9	
Angela	Jamieson	51	1:30:15	1:18:50		8
Alvina	Shepard	53	1:35:53	1:21:45		9
Barry	Jenkins	59	1:39:21	1:21:46	10	
Serena	Barnes	57	1:41:43	1:22:27		10
Victoria	West	49	1:34:07	1:24:12		11
Jane	Fowles	49	1:34:42	1:24:43		12

Wimborne 10		17 Nov		10 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Duncan	Ward	55	1:03:33	0:54:21	1	
Ian	Barnes	63	1:08:53	0:54:41	2	
Steve	Page	57	1:06:55	0:56:12	3	
Rich	White	39	0:58:47	0:57:22	4	
Gary	Blaber	51	1:05:59	0:58:27	5	
Lynda	Faulkner	58	1:15:48	1:00:17		1
Graham	Smith	70	1:21:39	1:00:26	6	



AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Nick	Brooke	71	1:23:06	1:00:48	7	
Justin	Perry	52	1:10:43	1:02:06	8	
Sarah	Wheeler	57	1:23:45	1:07:29		2
Flora	Brooke	71	1:43:40	1:08:18		3
Andrew	Tuffin	50	1:18:50	1:10:26	9	
Emma	Mogridge	33	1:11:00	1:10:41		4
Nick	Summons	51	1:20:18	1:11:08	10	
Arabella	de SK	46	1:18:31	1:12:15		5
Jane	Feather	69	1:49:22	1:14:21		6
Jane	Ward	56	1:33:17	1:16:09		7
Geoff	Hammond	66	1:45:53	1:21:37	11	
Lisa	Yates	41	1:27:38	1:24:09		8
Chris	Willis	66	2:00:11	1:25:29		9
Demetrie	Allard	43	1:32:46	1:27:52	12	
Sarah	Perrett	51	1:42:57	1:29:27		10
John	Willis	39	1:32:55	1:30:40	13	
Serena	Barnes	57	1:56:53	1:34:11		11
Barry	Jenkins	59	1:59:22	1:38:25	14	



STUR 5		07 Dec 5 miles			
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

Best Marathon		Whenever 26.2 Miles						
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	EVENT	DATE	
Rich	White	38	2:50:32	2:47:45	1		Edinburgh	26-May
Ian	Barnes	62	3:30:20	2:48:51	2		NDVM	05-May
Siobhan	McFeely	65	3:57:09	2:49:28		1	London	21-Apr
Steve	Rigby	40	2:55:18	2:50:29	3		NDVM	05-May
Christopher	Wright	38	2:53:52	2:51:02	4		London	21-Apr
David	Jackson	65	3:52:00	3:00:49	5		London	21-Apr
Justin	Perry	51	3:40:15	3:15:40	6		Brighton	07-Apr
Fabs	Terzaghi	59	4:09:07	3:25:48	7		Salisbury Plain	12-Oct
Tim	Cotton	58	4:13:51	3:31:41	8		NDVM	05-May
Andrew	Tuffin	50	4:00:14	3:35:16	9		NDVM	05-May
Nick	Brooke	71	4:55:06	3:36:08	10		Clarendon	06-Oct
Nick	Summons	51	4:25:26	3:55:49	11		London	21-Apr
Craig	White	63	5:14:58	4:10:24	12		New Forest	08-Sep
Charlie	Hutchinson	26	4:12:13	4:12:13	13		Eden, Cornwall	20-Oct
Amanda	Ackroyd	45	4:38:30	4:19:30		2	London	21-Apr
Suzanna	Baker	42	5:57:08	5:41:36		3	NDVM	05-May

AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Best 5K		Whenever 5K						
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	EVENT	DATE	
Ian Barnes	63	19:31	15:29	1		Yeovilton	11-Sep	
Duncan Ward	55	18:21	15:32	2		Blandford	05-Oct	
Gary Blaber	50	18:14	16:03	3		Blandford	16-Mar	
Steve Page	57	19:23	16:09	4		Yeovilton	11-Sep	
Graham Smith	69	21:43	16:19	5		Blandford	13-Jul	
Rich White	39	17:18	16:30	6		Blandford	07-Sep	
Christopher Wright	38	17:13	16:32	7		Swansea	22-Jun	
Nick Brooke	71	23:02	16:55	8		Blandford	13-Jul	
Mike St Leger	61	21:12	17:06	9		Blandford	28-Sep	
Justin Perry	51	19:45	17:15	10		Blandford	10-Feb	
Lynda Faulkner	58	21:17	17:22		1	Blandford	10-Aug	
Paul Stockley	56	20:51	17:31	11		Blandford	02-Nov	
Roger Teasdale	48	20:18	18:08	12		Blandford	20-Jan	
Sarah Wheeler	57	22:29	18:34		2	Blandford	20-Jul	
Nick Hall	42	19:57	18:38	13		Blandford	23-Mar	
Sharon Hutchings	27	18:44	18:44		3	Blandford	28-Sep	
Paul Russell	50	21:18	18:45	14		Blandford	10-Feb	
Neil Cranidge	58	22:58	18:59	15		Lowestoft	27-Jul	
Nick Papas	62	23:45	19:00	16		Blandford	01-Jun	
Richard Hull	54	22:30	19:12	17		Blandford	04-May	
David Hurst	57	23:26	19:31	18		Blandford	25-May	
Brian Murison	78	29:58	19:37	19		Blandford	30-Mar	
Tim Cotton	57	23:41	19:44	20		Blandford	06-Jan	
Flora Brooke	71	28:40	19:46		4	Blandford	17-Aug	
Chris Perrett	56	23:38	19:51	21		Blandford	17-Feb	
Nick Summons	51	22:45	19:52	22		Blandford	13-Jul	
Tom Mitchell	29	20:14	20:12	23		Reading	10-Aug	
Michael Peters	63	25:28	20:12	23		Ludlow	31-Aug	
Phil Monk	54	23:53	20:23	25		Blandford	27-Jul	
John Townsend	54	23:56	20:25	26		Blandford	14-Sep	
Shams Wahab	60	25:19	20:35	27		Blandford	13-Jan	
Colin Ryall	60	25:38	20:51	28		Blandford	22-Jun	
Joan Royal	86	40:20	20:53		5	Blandford	25-May	
Dave Jackson	65	26:54	20:58	29		Blandford	06-Jan	
Mark Stockford	52	24:11	20:58	29		Yeovilton	10-Apr	
Alfie Blaber	22	21:06	21:06	31		Blandford	20-Jul	
Carlos Blanco	60	26:04	21:12	32		Blandford	06-Jan	
Craig White	63	26:56	21:21	33		Blandford	13-Jan	
Jane Ward	56	25:53	21:37		6	Five Arches	09-Nov	
Matthias Weber	38	22:41	21:47	34		Schwanenteich	13-Jan	
Richard Palmer-Smyth	51	25:18	22:06	35		Blandford	25-May	
John Willis	38	23:04	22:09	36		Blandford	16-Mar	
Suzanna Baker	42	23:34	22:40		7	Blandford	27-Jan	
Richard Parke	48	25:33	22:50	37		Blandford	27-Apr	
Melanie Birch	54	27:00	23:05		8	Valencia	11-Feb	
Dawn Blaber	50	26:01	23:15		9	Blandford	10-Aug	
Sara Cross	64	30:49	23:21		10	Blandford	29-Jun	
Jane Feather	68	33:02	23:45		11	Blandford	16-Mar	
Demetrie Allard	43	25:37	23:45	38		Exmouth	31-Aug	
Geoff Hammond	65	30:49	24:01	39		Blandford	04-May	
Ines Braun	57	29:14	24:08		12	Yeovilton	08-May	
Jill Watson	51	27:51	24:37		13	Vobster, Frome	16-Aug	
Adam Frampton	52	28:29	24:41	40		Crewe	08-Jun	
Chris Willis	66	33:39	24:51		14	Blandford	12-Oct	
Sarah Perrett	50	27:48	24:51		14	Blandford	06-Jan	
Natasha Evans	34	25:06	25:00		16	Blandford	31-Aug	

AGE-ADJUSTED CLUB CHAMPIONSHIP 2024

Amanda	Ackroyd	45	26:39	25:03		17	Blandford	27-Jan
Julia	Slade	49	27:55	25:13		18	Vobster, Frome	16-Aug
Joanne	Clarke	58	31:16	25:31		19	Blandford	20-Apr
Tom	Collis	36	26:18	25:36	41		Blandford	27-Jul
Angela	Jamieson	50	29:09	26:03		20	Blandford	29-Jun
Holly	Pitman	22	26:21	26:21		21	Blandford	17-Aug
Geoff	Horwood	60	32:33	26:28	42		Blandford	13-Apr
Alvina	Shepard	53	30:45	26:35		22	Blandford	21-Sep
Emma	Dorey	43	27:54	26:39		23	Blandford	17-Aug
Deborah	Garratt	48	29:52	27:16		24	Blandford	08-Jun
Barry	Jenkins	58	33:20	27:33	43		Blandford	16-Mar
Mark	Damen	38	29:23	28:13	44		Woolacombe	12-Oct
Serena	Barnes	56	33:53	28:18		25	Blandford	03-Feb
Hayley	Stack	39	29:13	28:35		26	Poole	16-Nov
Jess	Boksteijn-Woods	38	31:07	30:35		27	Blandford	10-Aug
John	Cowley	68	41:01	31:08	45		Blandford	12-Oct
Samantha	Van Der Berg	54	37:57	32:26		28	Blandford	10-Aug
Kim	Crane	44	36:26	34:31		29	Blandford	21-Sep
Peter	Waterer	59	54:30	44:41	46		Blandford	06-Jan
Pat	Clayton	54	54:29	46:34		30	Blandford	06-Jan

