

### 11 September

**Yeovilton 5k Series Race 6** – Fast and flat road race from and around Yeovilton.

Steve Page 4th MV50 19:23 Ian Barnes 2nd MV60 19:31

## 8 September

**New Forest Marathon** – The Multi terrain course offers a scenic running experience. A stunning blend of forest enclosures, an old railway line, open roads, far reaching views and the famous New Forest Ponies.

Craig White 5:14:58

#### 2-8 September

**Dragon's Back/Hatchling** - Considered to be one of the toughest mountain races in the world, participants attempting the Full Course will need to cover 380km with 16,400m of ascent along the Dragon's Back of Wales. The Hatchling comprises elements of the full course, and completing even half of the full race route is an incredible achievement.

Dave Cox Day 1 (39km) 11:45:40 Day 2 (21km) 8:16:45

Day 3 (26km) 10:23:35 Day 4 (33km) 9:03:41 Day 5 (33km) 9:34:17 Day 6 (32km) 8:18:27

Total: 57:22:35



(Distances off Dave's Strava, times off race website)

## 1 September

**The Beast** – AKA the "Stairway To Heaven" – a tough undulating usually 12.6-mile, but this year only 11.97 mile, run from Corfe Castle, with stunning views and steep hills, including the steps from St Aldhelm's Lookout Station, but not for 2024 the Houns-tout Cliff steps which sadly fell into the sea over the winter.

1st MV60

3rd MV60

5th MV60

7th FV65

John Walsgrove	1:49:44
Nick Hall	2:00:38
lan Barnes	2:01:32
Nick Brooke	2:02:53
Andrew Tuffin	2:07:59
Emma Mogridge	2:17:46
Paul Russell	2:17:47
John Willis	2:32:49
Jane Ward	2:45:05
Neil Cranidge	2:45:32
Richard Palmer-Smyth	2:50:02
Julia Szajdzicka	2:50:49
Sarah Perrett	3:03:03
Jane Feather	3:22:22



## 18 August

**Frome 10k** – The final glorious mile sweeps through the town centre heart of Frome with a huge downhill curve that will set your hairs on end, with goosebumps carrying you through to the finish line.

Richard Hull 51:07

## 18 August

**Dorset Doddle** – The Dorset Doddle consists simply of 32 miles of the coastal path from Weymouth to Swanage. Anything but a gentle stroll along the cliffs, but stunning views and a true classic.

Suzanne Baker

## 18 August

**Two Tunnels Marathon, Bath** – Cutting right under the city of the Bath, the two tunnels offer a truly unique running experience.

Dave Jackson 2nd MV60 4:28:51

#### 16 August

**Vobster Aquathon, Somerset** – A full Aquathlon event with both a timed swim and run. Featuring a 750m swim with a 5km run.

Julia Slade 50:18

Jill Watson 50:18

## 14 August

**Yeovilton 5k Series Race 5** – Fast and flat road race from and around Yeovilton.

lan Barnes 2nd MV60 19:45

#### 10 August

**Dartmoor Crossing 33.5 miles** – The Crossing is an aspirational baby ultramarathon. Experience the wilderness of the High Moor. Visiting the moorland villages of Belstone, Postbridge, Bellever, and Ivybridge: just 1,119m of ascent and 1,516m of descent.

Dave Jackson 4th MV60 8:00:11

## **4 August**

Rich White

**Sturminster Newton Half** – on quiet country lanes from Sturminster Newton, going through Manston, Margaret Marsh, Stour Row, Todber, Moorside and back uphill to Hinton St Mary. This year the race being a DRRL fixture.

1st Local Male

1:20:23

Men wille	1.20.23	13t Local Male
Gary Blaber	1:31:19	
Roger Teasdale	1:36:06	
lan Barnes	1:37:28	
Lynda Faulkner	1:42:04	FV55 3rd
Andrew Tuffin	1:49:42	
Sarah Wheeler	1:51:16	
Dave Hurst	1:56:22	
Lisa Yates	2:02:20	2nd Local Female
Holly Pitman	2:10:30	
Natasha Evans	2:11:37	
Angela Jamieson	2:18:31	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
Amanda Ackroyd	2:19:06	
Geoff Hammond	2:27:20	
Emma Dorey	2:28:53	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Verity Pike	2:51:35	7
Richard Parke	2:58:24	Sweeping
Richard Palmer-Smyth	2:58:24	Sweeping

# 27 July

McWilliams Round (Short) – 32.5 miles, with 1,722m elevation gain, Ultra trail running route in the beautiful Cheviot Hills of Northumberland.

Dave Jackson 10:02:11 (Strava)

#### 26 July

**Ipswich Twilight 10k** – follows a winding route from Ipswich Town's Portman Road stadium through Ipswich's main shopping area and around its historic centre, passing landmarks such as the Corn Exchange and Town Hall on the way.

Julia Slade 53:05

#### 21 July

**The Club Stickler** — Added to Club Championship to replace the cancelled Larmer 10 a slightly shorter than normal (by half a mile) but still tough 9.5-mile trail race, dubbed North Dorset 3-Peaks, including Okeford Beacon, Hod Hill and Hambledon Hill.

Rich White	1:14:53	1st Male
Tom Mitchell	1:21:44	2nd Male
lan Barnes	1:22:54	3rd Male
Nick Hall	1:29:18	
Sharon Hutchings	1:30:24	1st Lady
Nick Brooke	1:30:35	
Paul Russell	1:31:27	
Tim Cotton	1:32:40	
Andrew Tuffin	1:37:06	
John Willis	1:44:49	
Sarah Wheeler	1:45:00	2nd Lady
Matt Clayton	1:46:12	
Dave Hurst	1:48:39	
John Townsend	1:52:55	
Sarah Perrett	2:03:02	3rd Lady
Barry Jenkins	2:09:02	
Flora Brooke	2:10:36	



#### 18 July

Jane Feather

**Doddler Duathlon** – A fun internal club event comprising a brisk 0.85km run, then one of 2 bike routes (road bikes completing 15km and MTB doing 13km) followed by a 2nd run of 3.2km (2 miles). Individual Male Long course

2:18:15

1 Tom Mitchell 47:04 (1st overall)
2 Nick Hall 49:27 (3rd overall)
3 Andrew Tuffin 54:49
Individual Male Short course
1 Paul Russell 49:33
2 Chris Perrett 51:46

Individual Female Long course

1 Sarah Wheeler 53:03 2 Melanie Birch 57:56

Individual Female Short course

1 Sharon Hutchings 52:33

Team Mixed Long course

1 Geoff Hammond/Lynda Faulkner2 Barry Jenkins/Sophie Hibbard61:20

Team Mixed Short course

1 Roger Teasdale/Norma Allison2 Richard Parke/Jess Boksteijn-Woods55:16

Team Male Long course

1 Ian Barnes/Shams Wahab 47:09 (2nd overall)

Team Female Long course

1 Julia Slade/Anna 54:32

## 10 July

**Yeovilton 5k Series Race 4** – Fast and flat road race from and around Yeovilton.

lan Barnes PB 1st MV60 19:26

#### 7 July

**Round the Rock 10km DRRL Race** – An undulating, predominately on tarmac roads and pavements, around the top of the Isle of Portland in a figure of eight.

Gary Blaber	MV50 3rd	40:24
Roger Teasdale		42:00
lan Barnes	MV60 3rd	42:33
Nick Hall		45:25
John Willis		53:18
Chris Perrett		54:13
Dawn Blaber		55:31



Richard Palmer-Smyth 58:30
Sarah Perrett 1:06:11
Jane Feather 1:09:06

#### 6 July

**Ice Cream Challenge Marathon** – Littleham, Exmouth: a marathon made up of 5.3k out and back laps along the scenic route on an old disused (thankfully) train line.

Dave Jackson 2nd 4:15:33

#### 29 June

**Ham & Lyme 50km** – Incorporating the stunning Liberty Trail, which runs from Ham Hill Country Park in Somerset to Lyme Regis in Dorset, taking in some fabulous locations along the way.

Richard White 8th 4:33:56

#### 27 June

**John Deacon Handicap Race** – An internal club 6.65-mile road race. With the slower runners starting first and the fastest starting last, this race can be won by any runner by beating your anticipated time. Results presented here are the actual unhandicapped race times. The first across the line, and winner of the prestigious trophy, was **Lisa Yates**, beating her predicted time by 4m 35s. The first man over the line (and third overall) was Anthony Down 3m 02s ahead of his predicted time.





lan Barnes 45:	2(	U	)
----------------	----	---	---

Sharon Hutchings 45:53 1st Lady
Charlie Hutchinson 47:13 2nd Man

Mark Riley 49:42 3rd Man

Chris Frear 49:54

John Willis 51:47

Richard Hull 52:48

Sarah Wheeler 53:09 2nd Lady

Dave Hurst 53:50

Neil Cranidge 54:02 Nick Brooke 54:11 Chris Perrett 55:36

Lisa Yates 56:25 3rd Lady

Anthony Down 59:58
Emma Dorey 1:01:20
Richard Parke 1:02:34
Angela Jamieson 1:03:05
Sarah Perrett 1:08:53
Flora Brooke 1:09:37
Jane Feather 1:10:49

#### 26 June

**Forde Abbey 10km** – Set in the heart of West Dorset, this cross-country race rolls through woodlands, meadows and rivers on the stunning Forde Abbey Estate.

Spencer Mogridge 55:47

#### 23 June

**Westonbirt Arboretum 10km** – A race around the National Arboretum, home to over 2,500 different species of tree.

Serena Barnes PB 1:08:42

#### 22 June

**Ultra Wales 50** – A beautiful mountain and trail race, 50 miles, with 2898m of ascent and featuring Cadair Idris Penygader (893m), Rhinog Fach (712m), Dolgellau, Barmouth estuary and Wales' greatest forest, Coed-y-Brenin.

Dave Cox MV55 4th 14:36:51

## 16 June

**Giant's Head Half Marathon** – Very, very challenging and hilly, running through the Sydling and Cerne valleys: not for the faint hearted.

Emma Dorey 2:52:44
Adam Frampton 2:52:44
Jill Watson 2:52:44



## 15 June

Race to the King - Castle 50K — Passing by the impressive Arundel Castle, meandering along the River Arun. Heading towards the finish crosses the South Downs Way, providing challenging climbs and breath-taking views in every direction, before ending back at the West Dean Estate.

Fabs Terzaghi MV50 3rd 5:24:29 9th overall

Tim Cotton 6:46:25
John Townsend 6:49:47
Damian Patterson 6:49:47



#### 14 June

Purbeck 10K DRRL Race – Back after five years, a picturesque rural undulating course taking in

stunning views of Corfe Castle and surrounding heathland.

With no big hills.

Steve Rigby		35:58
Gary Blaber		39:02
lan Barnes MV	'60 3rd PB	42:57
Nick Hall		44:00
Alfie Blaber		44:29
Sarah Wheeler	FV55 3rd	49:29
Chris Perrett		51:45
Dawn Blaber		54:44
Richard Palmer-Sn	nyth	55:01
Ines Braun		1:01:20
Sarah Perrett		1:01:53
Flora Brooke	FV70 2nd	1:02:12
Jane Feather		1:05:47





#### 12 June

**Yeovilton 5k Series Race 3** – Fast and flat road race from and around Yeovilton.

Flora Brooke 29:38

#### 9 June

**BigSea 24, Purbeck** – a stunning 18-mile trail running event that starts and finishes on the beautiful sand of Knoll Beach at Studland, and including, The Purbeck Hills, Corfe Castle, Chapmans Pool, Dancing Ledge, Durlston Castle and Old Harry Rocks.

Richard White 1st Overall 2:30:35

#### 9 June

**Puddletown Plod Half** – an undulating road race. A single lap taking runners through Puddletown Forest to run parallel to the River Frome before heading back through the Forest.

Molly Rasch 2nd Lady	1:24:52
Arabella de S-K	1:46:44
Craig White	2:06:53
Richard Palmer-Smyth	2:19:21



#### **8-9 June**

**Endure 24 Reading** – Wasing Park, Reading: A 24-hour race where you run against the clock to see how many laps you can complete before time runs out. 8km lap trail course features exciting landmarks and enchanting natural wonders, the mesmerising Wasing Wood, the infamous 'Heartbreak Hill,' and stunning panoramic views of Paices Wood lake.

Richard Parke running with four others in Team 'Fitstuff Returns'

25 laps 23:43:24 (for context winner's managed 44 laps)

#### 2 June

**Tarrant Valley 10k** – a multi-terrain 10km race set within the Cranborne Chase AONB, mostly on well-surfaced bridleways and farm tracks, with a spectacular view over the North Dorset countryside before the 800m descent back to the village.

Gary Blaber	1st MV50	39:51
Stephen Page		42:14
Ian Barnes		45:39
Nick Brooke		51:13
John Willis		51:21
Nick Summons	5	54:02
Chris Perrett		55:08
Richard Palme	r-Smyth	56:36
Dawn Blaber		57:44
Adam Frampto	on	58:08
Nick Frampton	1	59:01
Amanda Jenkir	ns	1:00:48
Matt Clayton		1:00:49
Angela Jamieso	on	1:03:21
Emma Dorey		1:03:22
Clare Riley		1:04:53



Sarah Perrett 1:06:42
Flora Brooke 1:11:10
Jane Feather 1:11:26

(Also, of note Gary and Dawn Blaber, Stephen Page and Ian Barnes were counted as a Doddler team and placed as 5th team out of 20.)

#### 1 June

**Trail Pursuits – Cornwall Half Marathon** – a tough but stunning trail race inspired by the Atlantic Ocean, running up and down the steep and rugged coastal paths and trails, past gorgeous beaches and the infamous Wheal Coates of the historic tin mines and up twice Beacon Hill.

Jane Ward 3:05:24 Neil Cranidge 3:05:24



## **26 May**

**Edinburgh Marathon** – Voted the fastest marathon in the UK by Runner's World. A fantastic allencompassing route which takes in some of Edinburgh's most famous landmarks as well as offering picturesque views along the East Lothian coastline.

Rich White 2:50:32

#### **25 May**

**Race The Tide Long Marathon** – In the glorious setting of the privately-owned Flete Estate, Mothercombe, South Devon, almost 29 miles of glorious tracks and trails.

Paul Russell 6:12:53

#### **25 May**

**Race The Tide Long Half Marathon** – In the glorious setting of the privately-owned Flete Estate, Mothercombe, South Devon, 15.5 miles of glorious tracks and trails.

Amanda Ackroyd 3:47:56

Neil Cranidge 3:47:56

Jane Ward 3:47:59

#### **25 May**

**Egdon Easy 10k** – A flat 10k route from Weymouth Collage, mostly on the paths and cycle ways around Lodmoor Nature Reserve and Country Park.

Roger Teasdale 41:10 Richard Hull 47:55

## **23 May**

**Suzie Viv Hill Race** – Climb - this race is organised by Spencer Mogridge and starts and finishes in Okeford Fitzpaine. It starts in handicap order to climb up Okeford Hill, then a mass start for the steep descent.

	Time Up	Time Down	Total Time	
Barry Shea	9:31	4:31	14:02	1st Male
Sharon Hutchings	9:55	4:42	14.37	1st Female
John Willis	10:55	4:43	15.38	2nd Male
Andrew Tuffin	10:45	5:12	15:57	3rd Male
Harriet Austin-Bowerman	10:47	5:22	16:09	2nd Female
Mark Riley	11:00	5:11	16:11	
Neil Cranidge	10:48	5:24	16.12	
Chris Perrett	10:38	5:43	16:21	
Richard Palmer-Smyth	10:59	6:03	17.02	
Jane Ward	12:08	5:57	18.05	3rd Female
Melanie Birch	11:55	6:18	18.13	
Paul Russell	10:55	7:48	18:43	
Sarah Perrett	12:35	6:58	19.33	
Jane Feather	13:24	7:00	20:24	
Barry Jenkins	14:09	6:51	21:00	

## **19 May**

May 5 − A great local 5 miles DRRL road race around Canford Heath that offers something for everyone. With an atmospheric start and finish at Ashdown Athletics Track.

Ian Barnes	33.31
Roger Teasdale	33:52
Richard Palmer-Smyth	43:25
Jane Feather	51:53
Serena Barnes	54:41



### **19 May**

Wessex Ridgeway 100k Relay - Starting at Tollard Royal Pond in Wiltshire, the route follows the very scenic Wessex Ridgeway to Uplyme in Devon, 100km in 12 legs of 4-8 miles each, with teams of 2-6 runners, each runner completing at least 1 leg. Team placings are out of 14 finishing teams.

## **Overall, Teams Results**

Growlers	10:12	5th
Perry's Prancers	11:01	7th
Blue Tits	13:23	12th



#### **18 May**

Jurassic Coast Challenge – 46km, 1,353m elevation gain, along the Dorset Jurassic Coast.

Lucy Edwards 6:32:44 (Strava)

## **12 May**

**The Hardy Half** - A stunning albeit challenging route, with over 1,400ft of ascent, across farmland, tracks and footpaths and including a loop of the iconic Hardy Monument and Britain's largest (Ed: depending on how measured) Iron Age fort, Maiden Castle.

John Willis	2:10:49
Nicholas Frampton	2:45:49
Angela Jamieson	2:57:18
Adam Frampton	2:57:19
Richard Palmer-Smyth	2:58:31
Craig White	2:58:31
Jane Feather	3:34:16
Barry Jenkins	3:34:18



## **11 May**

**The Preseli Beast Bach** – A tough 11.6 mile fell race with 2,444ft of ascent, taking in the highest point of the Preseli mountains, and for its 10th year celebration, Caz the Hat (RD) decided to include a 2nd Wall of Death climb up through the juniper bushes – thanks Caz!

Jane Ward 3:28:09
Neil Cranidge 3:28:13



#### **11 May**

**The Lap** - A beautiful 75K/47 mile, 2,772m elevation gain, fully signposted trail ultra marathon, following some of the most stunning, runnable, and best signposted trails in The Lake District.

Dave Jackson 13:58:09

#### 8 May

**Yeovilton 5k Series Race 2** – Fast and flat road race from and around Yeovilton.

Michael St Leger 3rd MV60+ 21:03 Ines Braun 29:14

#### 5 May

**North Dorset Village Marathon** – A picturesque race along country lanes through the villages of Hinton St Mary, Marnhull, Stalbridge, Todber, Stour Row, Margaret Marsh, West Orchard, Farrington, Child Okeford and Hammoon. An undulating marathon with plenty of support at the relay change-over points.

Steve Rigby		2:55:18
lan Barnes	PB	3:30:20
Andrew Tuffin	1st Marathon	4:00:14
Tim Cotton		4:13:51
Stuart Martin	Sweeping	5:56:18
Suzanna Baker	Sweeping	5:57:08

## 5 May

**NDVM Relay** – a popular relay comprising 4 legs along the marathon route.

Dorset Doddlers I 3:13:45

(Duncan Ward, Nick Reynolds, Roger Teasdale, Lisa Yates)

Dorset Doddlers II 3:28:40

(Spencer Mogridge, Dave Hurst, Dave Jackson, Chris Perrett)

Dorset Doddlers III 3:41:39 3rd Ladies team

(Penny O'Brian, Amanda Jenkins, Lynda Faulkner (ran two legs))

#### 27 April

**Endurance Life - Pembrokeshire** – a tough, scenic, hilly Coastpath half marathon from Dale to Little Haven, passing many of Jane's family members farms and cottages.

Jane Ward 2:52:56 Neil Cranidge 2:53:32

## 25 April

Broad Oak Hilly – Internal club race. 4 miles starting and finishing at The Bull Tavern, Rixon. 500ft or so up a hill, then halfway back down it to turn around (where the phone box used to be) and go back up it again, then down to finish.

Rich White 1st Male 24:35



Gary Blaber		25:21
Barry Shea		25:33
Roger Teasdale		29:17
Steve Rigby		29:18
Paul Stockley		30:01
Richie Bryant		30:53
John Walsgrove		31:12
Rich Hull		31:20
John Willis		31:50
Andrew Tuffin		32:01
Sarah Wheeler	1st Female	32:07
Neil Cranidge		33:29
Chris Perrett		34:08
Dawn Blaber		35:25
Richard Palmer-Smyth		37:58
Angela Jameson		41:32
Jane Ward		41:32
Sarah Perrett		42:40
Jane Feather		43:32
Oliver Hawkins		44:12
Paul Russell		44:14
Serena Barnes		46:51

# 21 April

**London Marathon** – The painful way to get from Greenwich to St James Park, but not necessarily the slowest. (Don't forget to enter the club draw if you want to have a chance to be there next year.)

Molly Rasch	РВ	2:52:10
Christopher Wright	РВ	2:53:52
Stuart Martin		3:31:43
Dave Jackson		3:52:00
Siobhan McFeely	РВ	3:57:09
Nick Summons		4:25:26
Amanda Ackroyd	РВ	4:38:30



# 21 April

Marnhull 12k – An undulating scenic 12km road race starting and finishing in picturesque Marnhull.

	0	
Gary Blaber	2nd MV50	48:12
Steve Page	3rd MV50	49:59
Roger Teasdale		51:10
Nick Hall		51:53
Alfie Blaber		54:15
Paul Stockley		55:45
Josephine Child	3rd FV35	57:39
Arabella de S-K	1st FV45	57:45
Michael Peters	3rd MV60	57:52
Antonio Martins		57:58
John Willis		1:00:39
Sarah Wheeler	1st FV55	1:00:42
David Hurst		1:01:32
Neil Cranidge		1:02:08
Chris Perrett		1:04:17
Dawn Blaber		1:05:56
Holly Pitman		1:06:52
Julia Slade		1:10:34
Jill Watson		1:10:34
Richard Palmer-Smyt	h PB	1:10:44
Angela Jamieson		1:13:39
Craig White		1:14:30
Ines Braun		1:16:57
Sarah Perrett		1:17:58
Flora Brooke		1:19:45
Geoff Hammond		1:22:00
Jane Feather		1:22:43
Alvina Shepard		1:26:37
Jane Ward		1:28:51
Barry Jenkins		1:28:54
Jane Fowles		1:29:00
Serena Barnes		1:30:45
Victoria West		1:33:48

## 14 April

**Pen Selwood 10k** – A pretty, undulating route on country lanes.

Sharon Hutchings	1st Female	43:15
Stephen Page		44:09
Sarah Wheeler		51:08
Chris Perrett		54:54
Sarah Perrett		1:04:10
Flora Brooke		1:05:41
Jane Feather		1:11:04
Sophie Hibbard		1:13:18



## 14 April

**Devizes Half Marathon** – Undulating and scenic course in the heart of Wiltshire.

Craig White 2:23:38

## 13 April

**The Maverick Original Mendips 13k (Medium)** - follows the West Mendip Way dropping down into the forests of Roweberrow Warren before climbing up to Black Down heathland - the highest hill in the Mendips!

Julia Slade with Tilly	1:48:02
Anna Dunning with May	1:48:02



#### 10 April

**Yeovilton 5k Series Race 1** – Fast and flat road race from and around Yeovilton.

Ian Barnes **PB** 3rd MV60+ 19:39 Mark Stockford 24:11

## 7 April

**Brighton Marathon** – a unique city-to-coast course taking runners past iconic landmarks with incredible crowd support and stunning coastal and city views.

Justin Perry 3:40:15

#### 24 March

**Yeovil Half Marathon** – Around the town centre before heading along the entire length of Yeovil Country Park. The route then leaves the town to Montacute House, before returning on quiet country roads to the town centre finish.

Andrew Tuffin PB 1:47:26

Sarah Perrett 2:15:06

#### 24 March

**Bournemouth Bay Half Marathon** – Set against the backdrop of Bournemouth's famous seven-mile stretch of golden sand enjoy the fantastic views as you run along the south coast. And more than twice as long as the 10K below.

Nick Summons 1:56:45

# **Bournemouth Bay 10k** – See(a) above.

Duncan Ward 39:17 10 Overall, 2nd MV50+

Roger Teasdale 42:25 Lisa Yates **PB** 54:25

#### 17 March

**Mainova Frankfurt Half Marathon** – An esteemed road race taking place in the bustling city of Frankfurt, Germany. Known for its flat and fast course, winds through the city's vibrant streets, passing iconic landmarks and modern architecture.

Matthias Weber 2:04:10

#### 17 March

**Great Welsh Half Marathon** – Hosted at the magnificent Pembrey Country Park in Carmarthenshire this race showcases the best of coast and country.

Neil Cranidge 2:04:36
Jane Ward 2:11:30

#### 3 March

**The Imber Ultra** - An annual 33-mile trail run organised by Avon Valley Runners and the Rotary Club of Westbury, setting off from, and eventually finishing in, Westbury and running clockwise around the outside of Salisbury Plain Training Area West.

Charlie Hutchinson	5:47:17
Mark Riley	5:59:56
Nick Hall	6:00:02
Richie Bryant	6:15:32
Dave Cox	6:15:32
Dave Jackson	6:26:05
Paul Russell	6:28:49



## 3 March

**Weymouth 10k** – This flat and fast route runs alongside the Weymouth beach and completes two laps before heading to the glorious finish line on the pleasure pier.

Michael Peters 47:51

#### 3 March

**Cambridge Half Marathon** – One of the UK's biggest and most beautiful half-marathons (ed - they say), along an unforgettable course, fast and flat, passing through historic landmarks and two colleges of the University of Cambridge.

Tom Mitchell 1:28:47

#### 25 February

**The Terminator** - a tough, hilly trail race in the stunning Pewsey Vale, a trail running Mecca. The route contains some steep hills, some deep and very slippery mud, and lots of fantastic scenery.

Neil Cranidge 2:41:12
Jane Ward 2:41:12
Adam Frampton 2:58:25
Angela Jamieson 2:59:35

## 12 February

**Lytchett 10** – an undulating 10-mile road race around the villages of Lytchett Matravers and Lytchett Minster.

Barry Shea		1:05:02
lan Barnes PB	3rd MV60+	1:09:50
Nick Hall		1:11:42
Arabella de S-K	8th FV40+	1:20:49
Lisa Yates PB		1:33:29
Richard Palmer-Sm	yth	1:37:50
Jane Feather		1:57:09



## **4 February**

**Blackmore Vale Half** - quiet undulating country roads in a beautiful area of North Dorset, organised by the Blackmore Vale Lions Club raising money for various charities.

Rich White		1:21:09
Gary Blaber		1:28:14
Duncan Ward		1:32:19
Justin Perry		1:33:30
Stephen Page		1:36:07
lan Barnes PB	2nd MV 60+	1:36:13
Nick Hall		1:38:13
Stuart Martin	3rd MV 60+	1:39:36

Mark Riley		1:41:56
Arabella de S-K		1:49:38
John Willis		1:50:31
Paul Russell		1:51:39
Andrew Tuffin		1:52:56
Dave Hurst	РВ	1:56:04
Chris Perrett		1:56:54
Neil Cranidge		2:03:16
Amanda Ackroyd	PB	2:06:16
Jane Ward		2:06:29
Dawn Blaber		2:11:37
Richard Palmer-Smyt	h	2:20:55
Sarah Perrett		2:21:59
Jane Feather		2:45:57



#### 1 to 4 February

**Quadzilla Marathon** – Scenic social 7½ scenic laps of Caldecotte Lake, near Milton Keynes, up to four marathons over four days

#### Dave Jackson

1 February – Marathon, Anticlockwise	3:56:16
2 February – Marathon, Clockwise	4:17:49
3 February – Marathon, Anticlockwise	4:30:06
4 February – Marathon, Clockwise	4:26:49
Overall time for all four 17:11:00, placed 9th	n out of 47.

#### 28 January

**Stonehenge Stomp** - the Stomp is a walking event which also welcomes runners - it is not a race! Challenge yourself to complete 10, 20, 30 or 40 km's of fully marked trails with views of Stonehenge on all routes.

Richie Bryant (30K)	2:55:13
Nick Summons (20K)	2:18:16

## 28 January

**Longleat 10K** – a stunning setting, starting in front of the magnificence of Longleat House the route is undulating to hilly, with a significant climb tackled twice: once soon after the start and the second towards the end. After the second climb though is the final downhill run along Lodge Drive towards Longleat House and the finish.

Christopher Wright	PB	4th SM	35:50	5th Male
--------------------	----	--------	-------	----------

Ian Barnes	3rd MV60+	43:12
Stephen Page		44:57
Paul Russell		47:16
John Willis		51:05
Jane Ward		57:43
Julia Slade		57:44
Jill Watson		57:45
Adam Frampton		58:54
Lisa Yates		58:38
Amanda Ackroyd		58:59
Nicolas Frampton		59:27
Richard Palmer-Sm	nyth	1:00:14
Angela Jamieson		1:01:40
Jane Feather		1:09:47
Serena Barnes	PB & first 10K	1:14:22



## 26 January

**Arc of Attrition 100** – The Arc of Attrition is a 100-mile point-to-point extreme coastal race taking in the stunning and dramatic Cornish Coastpath with competitors running in challenging winter conditions.

Dave Cox 33:46:41

## 01 January

**Junction Broadstone Quarter Marathon** – an undulating road race qualifying for DRRL, well done to those who made the effort, a fantastic start to the year.

Gary Blaber	5th MV50+	41:33
Jonny Hayes		44:55
lan Barnes	3rd MV60+	46:12
Roger Teasdale		47:20
David Hurst		54:28
Dawn Blaber		57:23
Richard Palmer-Smyt	1:03:37	
Ines Braun	1:14:03	





