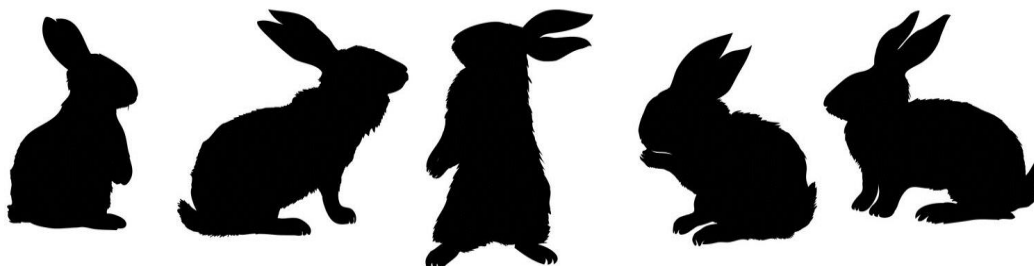


AGE-ADJUSTED CLUB CHAMPIONSHIP 2023 - MEN

RUNNER		Milborne 10	Lytchett 10	Up On The Downs Half	Marnhull 12k	Broad Oak Hilly	Hardy Half	Tarrant Valley 10k	The Beast	Black Hill 10K	Round The Lakes 10K	Gold Hill 10k	New Forest Stinger	Sturminster 5	Best 5K	Best Marathon	TOTAL OF BEST 5	RANKING
Ian	Barnes	1	2	1				1	3		1	2	1	1	4	6	5	1st
Nick	Berry														16		-	
Gary	Blaber				1							1	2	2	2		8	3rd
Nick	Brooke													4	7		-	
Richard	Bryant								5					6			-	
Tim	Cotton	7										6	4	9		16	42	
John	Cowley														38		-	
Neil	Cranidge	6					2		6	3			5		15	9	22	
Mark	Damen		3	2													-	
Dave	Fitzsimon													12			-	
Adam	Frampton			3			4		7					15	31		60	
Nick	Hall					5								5	19		-	
Geoff	Hammond	10													34		-	
Jonny	Hayes											7					-	
Richard	Hull					6								10			-	
David	Hurst				8							8		11	24	10	61	
David	Jackson				5				1		2		3		6	5	16	
Barry	Jenkins					11	5	3		4					35		58	
Sergiy	Machulin												6				-	
Stuart	Martin				3										7	3	-	
Stewart	McConnell				7	4											-	
Tom	Mitchell														11	7	-	
Richard	Palmer-Smyth										3	10			30		-	
Nick	Papas														17		-	
Richard	Parke														33		-	
Chris	Perrett	4			9			2	4	2		8				11	20	
Justin	Perry	3										5			10	8	-	
Michael	Peters	2	1		4	1	1			1					9		6	2nd
Nick	Reynolds														22	1	-	
Steve	Rigby					9						4			1	2	-	
Mark	Riley					3								8		14	-	
Paul	Russell	9				2									14		-	
Paul	Stockley				5										13		-	
Nick	Summons											11			23		-	
Roger	Teasdale				10	8								7	18		-	
Fabrizio	Terzaghi								2							12	-	
John	Townsend	8													35	13	-	
Andrew	Tuffin				11	7											-	
Shamsul	Wahab													13	25		-	
Duncan	Ward														3		-	
Matthias	Weber		4												27		-	
Craig	White	5			12		3								21	15	56	
Chris	Wright											3		3		4	-	
John	Willis				13	10								14	29		-	

SEE PAGE 2 FOR WOMEN



**AGE-ADJUSTED CLUB CHAMPIONSHIP 2023 - WOMEN**

RUNNER		Milborne 10	Lytchett 10	Up On The Downs Half	Marnhull 12k	Broad Oak Hilly	Hardy Half	Tarrant Valley 10k	The Beast	Black Hill 10K	Round The Lakes 10K	Gold Hill 10k	New Forest Stinger	Sturminster 5	Best 5K	Best Marathon	TOTAL OF BEST 5	RANKING
Amanda	Adams														15		-	
Suzanna	Baker														6		-	
Serena	Barnes													8	17		-	
Helena	Bastable															6	-	
Mel	Birch													5	9		-	
Dawn	Blaber											4	2	3	7		-	
Ali	Blaney			2													-	
Ines	Braun		4		5												-	
Flora	Brooke	3			1	2						1		2	3		9	3rd
Arabella	deSK	2	1													1	-	
Emma	Dorey														16		-	
Lucy	Edwards														12	4	-	
Lynda	Faulkner	1				1		1						1	1	5	5	1st
Jane	Feather	4	3		3	3		3				6		4	8		16	
Sally	Hunt		2	1													-	
Sharon	Hutchings							2					1		4		-	
Angela	Jamieson			3			2		2								-	
Amanda	Jenkins											3			13		-	
Siobhan	McFeely														2		-	
Sarah	Perrett				4		3	4	3	2		5		7	10		16	
Clare	Riley												4				-	
Julia	Slade															3	-	
Jane	Ward	6			2		1		1	1		2	3		5	2	7	2nd
Jill	Watson	5		4													-	
Rebecca	White						4										-	
Christine	Willis														14		-	
Lias	Yates													6	11		-	

SEE PAGE 1 FOR MEN

