

Sunday 19 December

Slow & Dirty 19k – a race along the trailway from Sturminster Newton

Craig White 1:49:10

Sunday 19 December

Portsmouth Coastal Waterside Marathon – a coastal multi-terrain marathon around Langstone Harbour in Hampshire.

David Jackson 4:32:18

Sunday 11 December

SNAFU Canicross Half Marathon – a trail race around the Bovington Tank Training Area with many twists and turns, an out and back and a large loop with water splashes and gravel paths.

Suzanna Baker and Murphy 1:59:53 2nd lady

Saturday 10 December

Mapperton Muddle Half – a hilly route in and around the fine Mapperton Estate, with mud, lovingly created by a herd of White Park Cattle and watered by the many natural springs in the area.

Jane Ward 2:51:59
Neil Cranidge 2:54:01

Sunday 4 December

The Full Montycute 10 – a scenic 10-mile off-road race from Ham Hill with 10 hills, fantastic tough scenic rough.

Philip Reese	1:22:15	4th MV40+
Andrew Maynard	1:31:19	6th MV50+
Justin Perry	1:31:45	

Stuart Martin 1:32:44 3rd MV60+

Jane Ward	2:12:41
Neil Cranidge	2:12:41
Angela Jamieson	2:14:21
Adam Frampton	2:14:21

Thursday 1 December

Stur 5 – a 5-mile internal club race from Sturfit, taking in Glue Hill, Broad Oak Hill and Rixson Hill.

Steve Rigby	31.54
Molly Rasch	33.13
Justin Perry	35.05
Paul Russell	35.45
lan Barnes	36.04
Michael Peters	36.07
Lynda Faulkner	36.11
Liz Murfin	36.58
Ali Blaney	37.18
Richie Bryant	38.09
Chris Perrett	39.55
Sarah Perrett	46.37
Flora Brooke	53.00
Vics West	54.06



Sunday 27 November

New Forest Stinger – a scenic 10-mile off-road race in the beautiful New Forest from Ocknell Campsite. Out & back with an undulating loop and a sting in the tail.

Paul Russell	1:23:40
Jane Ward	1:40:45
Neil Cranidge	1:40:45

Sunday 27 November

Boscombe 10k – an undulating open road race starting and finishing at Kings Park Athletics Stadium.

Brian Murison	1:00:16
Ines Braun	1:06:06

Sunday 20 November

Wimborne 10 – a 10-mile undulating route along country lanes finishing through the avenue of trees on to Pamphill Green.

Tom Mitchell	1:02:14	5 th SM
Phil Reese	1:06:01	
Justin Perry	1:11:40	
Michael Peters	1:12:20	6 th M60+
Arabella de S-K	1:17:12	6 th F40+
Ali Blaney	1:17:21	7 th F40+
Sally Hunt	1:17:24	
Mark Damen	1:17:24	
Andrew Tuffin	1:20:06	
David Hurst	1:23:42	
Craig White	1:30:25	
Julia Slade	1:35:46	
Anna Dunning	1:35:46	
Sarah Perrett	1:38:06	
Brian Murison	1:38:10	3 rd M70+
Flora Brooke	1:44:36	2 nd F65+
Barry Jenkins	1:49:34	

Saturday 19 November

Lobster Lollop 10 mile – a Purple Gecko Events race in association with the National Lobster Hatchery! A no pressure trail run starting at sun rise along the famous Camel Trail.

Jane Ward	1:32:47	2 nd F50+
Neil Cranidge	1:32:49	6 th M50+

Saturday 12 November

Lemur Loop 10k — a very scenic but tough hilly trail run from the setting of To The Manor Born in Cricket St Thomas.

Jane Ward	1:19:57
Neil Cranidge	1:19:58

Saturday 12 November

WSR Dark Valley Half – a two laps of trails, pathways and woodland around Moors Valley with a sharp hill and approximately 14 miles of running.

Richie Bryant 1:51:15 2nd M45-49

Monday 31 October

WSR Halloween Trick or Treat 5 mile – a single lap on trails, pathways and woodland with a few spooky characters to make you jump!

Helena Bastable 38:49 1st F30-34

Sunday 30th October

The Stickler – a tough 10-mile trail race, dubbed North Dorset 3-Peaks, including Okeford Beacon, Hod Hill and Hambledon Hill.

Fabrizio Terzaghi	1:22:31
Mark Riley	1:24:54
Ginny Mills	1:26:33
John Willis	1:31:16
Paul Stockley	1:31:31
Suzanna Baker (with Murphy)	1:32:36
Jane Gould (with Alfie)	1:33:31
Chris Perrett	1:38:36
Andrew Tuffin	1:39:33
Chris Frear	1:40:20
Phil Monk	1:40:40
Tim Cotton	1:40:49
Damien Patterson	1:40:59
Dave Hurst	1:43:12
Craig White	1:49:14
Sarah Perrett	2:03:27

Sweepers: Nigel Legg, Michael Peters, Helena Bastable

Sunday 23rd October

Weymouth 10 – a 10-mile tarmac route from Weymouth Esplanade. Mostly flat but with a challenging double loop around Bowleaze.

Michael Peters 1:15:04 1st MV60

Sunday 16th October

Studland Stampede – a tough but very scenic coastal run of 7.5 miles, along the beach, up over the heathland, across sand dunes and back along the beach.

Michael Peters	0:59:03	3rd M60+
Paul Stockley	1:01:41	
Lynda Faulkner	1:01:55	2nd F50+
Adam Frampton	1:15:08	
Angela Jamieson	1:17:31	
Jane Ward	1:21:03	

Jill Watson	1:21:03
Steven Fowles	1:22:32
Sarah Perrett	1:24:01
Stephen James	1:29:10
Barry Jenkins	1:34:08
John Cowley	1:35:09
Victoria West	1:48:07
Jane Fowles	1:48:08

Sunday 16th October

Amsterdam Marathon – a World Athletics Platinum Label Road Race with one of the fastest courses in the world, ranking 4th fastest city marathon. Start and finish in the Olympic Stadium, passing under the Rijksmuseum, the kilometres alongside the Amstel and the round through the Vondelpark.

Tom Mitchell 3:21:20

Sunday 16th October

Great South Run — The South coast's biggest and best running event takes place in Portsmouth over a fast and flat 10-mile route.

Colin Ryall 1:42:12

Sunday 8th October

Race To The Chare Half Marathon – a scenic and undulating trail race from Salisbury Racecourse along the chalky droves and hills of Broad Chalk valley.

Jane Ward 1:25:37 Adam Frampton 1:33:20 Angela Jamieson 1:33:20

Sunday 8th October

Bournemouth Half Marathon – The course follows the old Full Marathon route, taking in both Boscombe and Bournemouth Piers along this stunning coastal route.

Arabella de S-Khandwala 1:44:21 3rd F40

Helena Bastable 2:06:51

Sunday 8th October

Gold Hill 10k — a hilly road 10k from Shaftesbury School, taking in Gold Hill, Tout Hill, The Butt and French Mill Lane.

Phil Reese 43:30 Justin Perry 47:10

Ginny Mills 48:16 6th Lady

Lynda Faulkner 50:14 Andrew Tuffin 54:06

Ali Blaney	54:18
Paul Russell	55:34
Chris Perrett	56:42
Craig White	1:01:28
Amanda Ackroyd	1:03:10
Sarah Perrett	1:04:16
Helen Reynolds	1:08:29
Brian Murison	1:11:57
Steve James (sweeper)	1:28:40
Barry Jenkins (sweeper)	1:28:40

Saturday 8th October

Run With No Witty Name – a 32.5 mile ultra with \sim 3,430ft of elevation, starting at the National Trust in Tisbury, smack bank in the centre of the Cranborne Chase and West Wiltshire Downs, the route goes through truly stunning and visually stimulating countryside.

Richie Bryant 6:51:13 Paul Russell 6:51:38

Sunday 2 October

Old Harry Ultra — a 55km multi-terrain ultra-marathon around Poole Harbour. A journey around Europe's largest natural harbour, via a multi-terrain route which includes Historic Quaysides, a Country Park, Forestry trails, farmland, old villages, ancient Saxon town walls, riverside paths, wild heathland and sandy dunes.

Lucy Brown 6:56:58
Suzanna Baker 6:57:00
Matt Clayton 10:15:41

Sunday 2 October

Chester Marathon – a multi-award winning and 3 times winner of the UKs Best Marathon (under 5,000 runners), from the historic Roman/Medieval international destination City of Chester. The route is on closed roads and runs past all Chester's iconic landmarks, including Roman walls, Cathedral, Amphitheatre before heading out to the stunning Chester countryside and an unforgettable finish on Castle Drive.

Paul Russell 4:07:10

Sunday 2 October

London Marathon – a world famous marathon with a route that has remained largely unchanged since the inaugural race in 1981 and encompasses many of the capital's most mesmerising landmarks, old and new.

Nick Reynolds 2:40:53 Mark Damen 4:17:41 Nigel Legg 4:58:35 Victoria West 6:08:48

Sunday 2 October

Clarendon Full Marathon — a scenic, but challenging trail race starting from Salisbury and following the Clarendon Way through the Clarendon Estate, around Winterslow and then along a Roman Road to Broughton to across the River Tess to Kings Somborne, up onto Farley Mount, down through the woods and eventually on to the finish at Kings' School, Winchester.

Dave Fitzsimon 4:39:30

Sunday 2 October

Clarendon Half Marathon – a scenic, but challenging trail race starting from Broughton and following the Clarendon Way across the River Tess to Kings Somborne, up onto Farley Mount, down through the woods and eventually on to the finish at Kings' School, Winchester.

Jane Ward 2:35:53

Sunday 25 September

Solent Half Marathon – this event has been going for over 30 years, a lovely course winding through the New Forest around Exbury and along the Solent shore at Lepe.

Craig White 2:00:24

Sunday 25 September

Black Hill 10k – Classic trail running in the heart of Dorset, taking in the trails and woodland tracks of Black Hill.

Philip Reese	0:46:08	
Michael Peters	0:51:22	3rd M60
Ali Blaney	0:54:57	1st F40
Mark Damen	0:54:59	
Sally Hunt	0:55:03	
Adam Frampton	1:03:16	
Angela Jamieson	1:05:46	4th F45
Nick Summons	1:05:57	
Sarah Perrett	1:12:39	
Brian Murison	1:16:07	
Jane Ward	1:21:20	

10k Canicross

Suzanna Baker 0:51:13 1st Lady, 5th Overall

Sunday 11 September

Weymouth Half Ironman 70.3 Tri Club Results – a first time favourite, featuring sandy beaches, spectacular coastline and the stunning Dorset countryside.

Stuart Martin

Angela Jamieson 7:21:03

Sunday 11 September

Honiton Hippo – a 7.2 mile hilly multi-terrain race, including Land-drover experience tracks, lots of steep hills, mud and water crossings and cider.

Jane Ward 1:28:28

Sunday 11 September

Langport Sprint Triathlon – One of the best Sprint Triathlons in the Southwest, with a great atmosphere and challenging routes for both cycling and running.

Nick Berry 1:06:24 3rd overall

Sunday 11 September

The Royal Great North Run – Chatty runs go north for a fabulous event and experience.

Jill Watson 1:59:53 Julia Slade 1:59:53

Sunday 11 September

CapTEN fell race – stunning views and 5 gigantic hills, >2,500ft of climb making it a category B fell race.

Dave Fitzsimon 2:00:03 Richie Bryant 2:21:21

Jane Ward 2:54:59 4th FV50

Sunday 11 September

New Forest Half Marathon – gravel tracks and tarmac

Chris Perrett 1:57:56
Craig White 2:02:07
Sarah Perrett 2:18:29

New Forest 10k – gravel tracks and tarmac

Geoff Hammond 1:11:01

Sat 10th September

The Brutal Extreme Full Iron Distance Triathlon – one of the world's toughest triathlons with a lake swim a challenging bike ride and an undulating run including an ascent of Snowdon. Swim 3.68km; Bike 116 miles (8,766ft of climb); Run 25 miles (4,715ft of climb).

Dave Cox 15:28:22 (Swim: 1:16:01, Bike: 7:21:19, Run: 6:31:52)

Sun 5th - Sat 10th September

Montane Dragon's Back Race – the toughest, and one of the most iconic, footraces on Earth. The 380km (236mile) route from Conwy to Cardiff is completed over 6 days with total height gain if 17,400m (57,087 feet). The course follows summit checkpoints along the mountainous spine of Wales where the terrain is sometimes extreme.

Jane Gould 83:33:48 2nd F55

Day 1 (49km 3800m) - 13:08:13; Day 2 (59km 3400m) - 15:27:25; Day 3 (70km 3400m) - 14:53:51; Day 4 (69km 2300m) - 13:32:51; Day 5 (70km 3200m) - 15:12:09; Day 6 (63km 1300m) - 11:19:19.

Friday 9 September

Saturn Running Mid-week Chasing Numbers Marathon – multiply lap marathon

Dave Jackson 4:30:53

Sunday 4th September

The Beast "Stairway To Heaven" – a tough undulating 12.6-mile run from Corfe Castle, with stunning views and steep hills, including the steps from St Aldhelm's Lookout Station and Hounstout Cliff.



Fabrizio Terzaghi	1:52:53	5th M50
Justin Perry	1:59:01	
Phil Monk	2:05:51	
Paul Stockley	2:06:27	
Lynda Faulkner	2:06:41	1 st F55

2:06:48	5 th F35
2:19:15	9 th M60
2:20:15	
2:27:22	
2:35:59	
2:36:00	
2:54:23	
2:54:23	
2:56:33	
3:19:08	
3:19:08	
3:37:21	
	2:19:15 2:20:15 2:27:22 2:35:59 2:36:00 2:54:23 2:54:23 2:56:33 3:19:08

Sunday 4th September

The Big Half — a vibrant half marathon with an unmissable festival atmosphere! A stunning 13.1-mile route that starts and later crosses Tower Bridge in Central London and finishes at the famous Cutty Sark in Greenwich.



Tom Mitchell 1:24:32 PB

Sunday 4th September

The 10k Pizza Run – 2 laps around Southampton Common followed by eating Pizza.

Helena Bastable 53:08

Sunday 21st August

The Dorset Doddle – 32 miles of the coastal path from Weymouth to Swanage, with stunning views and including some tough climbs. Being a LDWA event there's a rolling start and a meal provided at the finish.

Matt Clayton 7hrs 55mins

Sunday 14th August

Communi-*fit* **Sprint Triathlon** – 400m pool swim, 20km undulating bike, 5k flat run within the grounds for Leweston School.

Andrew Tuffin 1:37:03

Saturday 13th August

Dartmoor Crossing Ultra – 36.5 miles across rugged moorland, fully marked and marshalled, crossing the Erme Valley and traversing the Erme canyon with some interesting moorland vistas along the Abbots Way before descending back into Ivybridge.

Simon Partridge 9:59:59.6

Sunday 7th August

Piotr Sulecki

Sturminster Newton Half – on quiet country lanes from Sturminster Newton, going through Manston, Margaret Marsh, Stour Row, Todber, Moorside and Hinton.

Nick Reynolds	1:20:57 PB	5th overall
Molly Rasch	1:23:05 PB	1st lady
Steve Rigby	1:23:05	
Tom Mitchell	1:27:43 PB	

Stuart Martin 1:40:43 2nd M60+

Helena Bastable 1:51:27 PB 3rd Senior Lady

1:40:30

John Willis 1:51:28 Mark Damen 1:54:09

Tim cotton 2:01:23

Nick Summons 2:08:07

Lucy Brown 2:08:08

Chris Perrett 2:12:18

Steven Fowles 2:26:00

Barry Jenkins (sweeper) 3:18:49



Other prizes: Molly was crowned Dorset County Champion!! Nick was 1st Doddler Mens; Molly was 1st Doddler Lady; Helena won the 1st lady DT10 prize. Doddler ladies were 2nd female team (Molly Rasch, Helena Bastable, Lucy Brown).

Saturday 6th August

Wessex 10k – a multi-terrain route from Somerton with a big hill to finish and a dragon medal.

Jane Ward 1:05:37 4th FV50+

Friday 5th August

The Midweek Flying S Run Marathon – a 7 hour lapped run along the River Thames in Staines. Each

lap being 4.37 miles, so 6 laps for a full marathon distance.

Dave Jackson

4:21:36

Sunday 31st July

Southampton Running Half Marathon – Starting in the picturesque Southampton Common, this is a route for a PB, featuring woodland, grassland, ponds, wetlands, lakes and parkland within the green open space of the city.

Chris Wright

1:19:57 PB

1st overall



Cowman Triathlon – a half middle-distance triathlon – 900m lake swim, 45km bike and a 10km run, all at the picturesque venue of Emberton Country Park near Milton Keynes.

Julia Slade

3:13:08

4th FV45-49

Jill Watson

3:17:32

2nd FV50-54

Saturday 30th July

Cider Frolic – A 12-hr race with 5 laps making up 16.85 miles. Solo is a continuous time, whereas in a pair is with breaks between laps, but total running time.

Barry Jenkins (solo)

4:16:05

Nick Summons (pair)

3:55:05

Friday 29th July

Cider Sessions – A 12-hr race with 8 laps making up 26.24 miles for a full marathon.

Dave Jackson

5:10:40

24th July

Saturn Running Ten in Ten (Day 10) – A 12-hr race with 8 laps making up 26.24 miles for a full marathon.

Dave Jackson

4:41:56

20th July

Saturn Running Ten in Ten (Day 6) – A 12-hr race with 8 laps making up 26.24 miles for a full marathon.

Dave Jackson 4:44:47

Friday 15th July

Saturn Running Ten in Ten (Day 1) – A 12-hr race with 8 laps making up 26.24 miles for a full marathon.

Dave Jackson 4:46:08

Thursday 14th July

Doddler Duathlon – A fun internal club event comprising a short 0.6mile run, then one of 2 bike routes (road bikes completing 9.4miles and MTB doing 7.8miles) followed by a 2nd run of 2.1miles.

Chris Wright (road)	0:41:02	1st road bike
Graham Smith (MTB)	0:48:57	1st MTB/ 1st Vet
Phil Monk (road)	0:49:05	
John C & Justin (MTB)	0:49:07	1st MTB team
Nick S & Roger (road)	0:49:15	1st road team
Tom Mitchell (road)	0:50:37	
Ian Moore (tbc)	0:51:11	
John Willis (road)	0:52:02	
Ritchie Bryant (MTB)	0:52:44	
Angela Jamieson (road)	0:54:02	1st lady
Shams Wahab (road)	0:55:07	
Andrew Tuffin (road)	0:55:50	
Steve Fowles (road)	0:56:05	
Anthony Guppy ((tbc)	0:59:27	
Barry Jenkins (MTB)	1:05:16	
Reuben & Oliver (MTB)	1:13:00	

Wednesday 13 July

Yeovilton 5k – a fast flat route, perfect for an evening PB attempt.

Tom Mitchell 17:47 PB

Tuesday 12 July

AVR Westbury 5k – a no frills, fast 3 lap 5k race with great PB potential, run on road with gun to tape chip timing.

Steve Rigby 16:35 PB 5th overall

Nick Reynolds 17:18 PB 1st MV40

Molly Rasch 18:10 1st Lady

Roger Teasdale 18:16



Sunday 10th July

Snowdon Trail Marathon – One of the UK's most challenging trails races, ascending 1,685 metres over 28 miles of iconic and spectacular trails, this epic race circumstances and eventually climbs Wales's highest peak – Snowdon.

Fabrizio Terzaghi 5:37:27 3rd M50+

Simon Partridge 8:48:19

Snowdon Trail Ultra Marathon – As above but longer

Paul Russell 9:15:02 26th place out of 43 finishers.

Sunday 10th July

Cotswold Classic Triathlon – set in the heart of the picturesque Cotswold, the swim is a single 1.2 mile lap around the lake, the 56 mile bike ride heads out on a flat and fast course into some of the Cotswolds most beautiful and quiet villages and is 2 laps, the 13.1 mile run is on the tarmac and hard pack paths around the lakes. A Classic half Ironman distance.

Nick Berry 5:21:49.5

Rachel Harrison 6:09:14.6

3 July

Roger Teasdale

Portland 10 – an undulating 10-mile road race counting towards DRRL and a Club Championship race. On tarmac roads and pavements going through the town as well as a long stretch of coastal road to the Bill and back.

Chris Wright	0:59:31	5th Sen Mens
Steve Rigby	1:00:15	6th Sen Mens
Nick Reynolds	1:02:02	4th M40+
Molly Rasch	1:03:06	2nd Lady
•		

1:06:49

Helena Bastable 1:23:45
Ines Braun 1:49:49

26 June

Brighton Trail Marathon – a stunning coast to country trail marathon with 6 major climbs. Starting from East Brighton Park before heading out into the stunning Sussex countryside and South Downs National Park.

Justin Perry5:02:03Damian Patterson5:12:07Tim Cotton5:18:26

26 June

Torbay Half Marathon – a tough but scenic traffic free 2-lap route from Paignton Green, with over 1,000m of climb, taking in stunning coastal views across Torbay, including the historic Torre Abbey and the Princess Gardens.

Michael Peters 1:37:46 1st M60+

Nick Summons 2:12:46

26 June

Laycock 10k – a Relish Running event, a 2-lap road route with just 60m elevation gain.

Tom Mitchell 38:23 PB 4th Overall

Laycock Half Marathon – a Relish Running event, a 3-lap road route with just 100m elevation gain.

Craig White 2:01:05

26 June

Giants Head Half Marathon – White Star Running's flagship event, with a very challenging and hilly route through the Sydling and Cerne valleys. A tough race with steep climbs, sharp descents, and the most amazing views.

Simon Partridge 2:29:49

25 June

Giants Head Marathon – as above but twice the distance and twice as tough.

Phil Reese 3:53:28

23 June

John Deacon Handicap race – an internal club 6.65-mile road race. With the slower runners starting first and the fastest starting last, this race can be won by any runner by beating your anticipated time. Results presented here are the actual unhandicapped race times.

Chris Wright 38:41

Molly Rasch	41:28	
Nick Reynolds	41:48	
Roger Teasdale	42:00	
Tom Mitchell	44:59	
Nick Hall	46:22	
Mark Riley	48:26	
Helena Bastable	49:46	1st
Neil Cranidge	52:12	
Nick Summons	53:27	
Liz Murfin	53:46	
John Willis	55:32	
Jill Watson	56:55	3rd
Craig White	57:03	
Chris Perrett	58:49	
Angela Jamieson	59:10	2nd
Amanda Ackroyd	1:00:03	
Sarah Perrett	1:04:18	
Oliver Hawkins	1:06:49	



19 June

Flora Brooke

Jane Feather

Round The Lakes (Summer Special) 10k – a fast flat route packed with PB potential, and part of the DRRL and is the Dorset 10k Championship race for 2022.

Molly Rasch 37:11 2nd Lady

1:10:35

1:15:05

Ines Braun 1:03:16

19 June

Tarrant Valley 10k – a multi-terrain 10km race set within the Cranborne Chase AONB, mostly on well-surfaced bridleways and farm tracks, with a spectacular view over the North Dorset countryside before the 800m descent back to the village.

Liz Murfin	48:33	3rd Lady
Carlos Blanco	49:53	
Matt Clayton	54:08	3 rd MV60
Adam Frampton	57:12	
Angela Jamieson	57:57	



19 June

Coombe Keynes 10k – combines a friendly village event with a trail race on private, estate trails not normally open to the public. on a scenic, hilly course wholly within the private and historic Lulworth Estate. From tracks on chalk downland to woodland paths there is outstanding scenery throughout the race's 10km length.

Sarah Perrett 1:08:00 Jill Watson 1:15:01

19 June

RunThrough Newbury Racecourse 10k – a flat 2 lap route on tarmac paths around Newbury racecourse

Helena Bastable 50:36

14 June

AVR Westbury 5k – a no frills, fast 3 lap 5k race with great PB potential, run on road with gun to tape chip timing. Both ran very speedy times and celebrated with a trip to Burger King.

Chris Wright 16:53.6 PB
Tom Mitchell 18:07.1 PB

12 June

South Downs Way 100 Miles – a very tough race with 3,800m of elevation taking in the entire South Downs Way National Trail along the chalk ridgeway from just outside Winchester and heading due East until the trail ends in Eastbourne – with stunning rolling hills, ancient forts, picturesque villages, and expansive views across Southern England. An amazing feat, well done Jane!

Jane Gould 21:43:53 3rd FV50+



12 June

Puddletown Plod Half – an undulating road race, part of the DRRL. A single lap taking runners through Puddletown Forest to run parallel to the River Frome before heading back through the Forest.

Molly Rasch	1:23:15	1 st Lady
Nick Reynolds	1:23:15	
Steve Rigby	1:23:15	
Ali Blaney	1:42:47	
Arabella de S-K	1:44:54	
Neil Cranidge	1:59:09	



12 June

Cheddar Gorge Half Marathon – a single lap route around Cheddar Gorge and Beacon Batch, the highest point on the Mendip Hills, very hilly with amazing views.

Craig White 2:44:09
Mel Mitchell 3:21:13
Barry Jenkins 3:31:14

12 Jun

Communi-*fit* **Sherborne 10k** – the traditional Sherborne 10 route but starting from the Terrace Playing Fields.

Andrew Tuffin 1:01:25

Julie Wareham 1:14:19

12 Jun

Man v Horse – an epic race that pitched Man versus Horse over a tough 20-mile trail race from Llanwrtyd Wells.

Philip Reese 3:08:00

3 June

Saturn Running God Save The Queen Platinum Jubilee Marathon – multiply lap marathon

Dave Jackson 4:41:46

29 May

Hellstone Half Marathon – Big Hills, Big Skies & Big Views! A very hilly and scenic trail route with far reaching views of Chesil Beach and Hardy's Monument, with start and finish in the grounds of the eccentric Bellamont House, Long Bredy.

Jane Ward 3:00:35
Neil Cranidge 3:00:35
Victoria West 3:09:43

Hellstone 10k – as above but half the distance.

Lee Collier 1:03:07

28 May

The Maverick Original Dorset - Short 7km – a route on the rugged Jurassic coastline, where seabirds soar and ancient caves litter the coastline, steeped in Heritage and with lots elevation.

Anna Dunning 55:11

28 May

Egdon Easy 10k – A flat 10k route from Weymouth Collage, mostly on the paths and cycle ways around Lodmoor Nature Reserve and Country Park.

Molly Rasch	36:54	1 st lady
Nick Reynolds	37:13	3 rd M40+
Roger Teasdale	38:48	
David Hurst	49:20	
Colin Ryall	52:20	



28 May

Brecon Beacons Marathon – the tough route with 1,874m of elevation, takes runners up the Taff Trail following the picturesque Talybont reservoir and forestry as well as taking in Pen y Fan, the highest peak in south Wales.

Amanda Ackroyd	8:21:13
Barry Jenkins	8:21:14

28 May

Brecon Beacons Ultra Marathon – as above but a tough 32.3 miles and with 2,377m of elevation.

Paul Russell 7:46:11

22 May

Wessex Ridgeway 100k Relay - Starting at Tollard Royal Pond in Wiltshire, the route follows the very scenic Wessex Ridgeway to Uplyme in Devon, 100km in 12 legs of 4-8 miles each, with teams of 2-6 runners, each runner completing at least 1 leg.

Overall Teams Results (total times in hours and minutes)

Doddler Dashers	9:00	2nd
Linda's Ladyboys	10:40	
Wessexy Doddlers	11:45	
Doddler Blue Bears	13:01	
Doddler Blue Birds	13:13	



Individual Leg times

Leg 1

Chris Wright	0:54	2nd
Fabrizio Terzaghi	1:01	
Dave Cox	1:02	
Paul Russell	1:09	
Sergiy Machulin	1:31	
Lucy Edwards (Brown)	1:31	

Leg 2

Tracy Cook 0:50

Damian Patterson Richie Bryant Andrew Tuffin Lucy Edwards (Brown)	0:58 0:58 0:58 1:10	
Leg 3 Molly Rasch Sally Hunt Tim Cotton Graham Smith Helena Bastable Rachel Harrison	0:38 0:47 0:48 0:49 0:49	2 nd
Leg 4 Tom Mitchel Lynda Faulkner Victoria West Barry Jenkins Ines Braun	0:30 0:39 0:48 0:56	1st
Leg 5 Mark Riley Paul Stockley Jane Gould Damian Patterson Jane Ward Neil Cranidge	0:46 0:48 0:50 0:57 1:06	
Leg 6 Justin Perry Stuart Martin Phil Reese Ali Blaney Amanda Ackroyd	0:42 0:47 0:46 0:46 0:55	
Leg 7 Molly Rasch Fabrizio Terzaghi Phil Reese Jill Watson Rachel Harrison	0:44 0:59 1:00 1:00	1st
Leg 8 Tracy Cook Tim Cotton Victoria West Graham Smith Helena Bastable	0:45 0:49 1:13 1:20 1:20	2nd 3rd

Leg 9 Chris Wright Dave Cox Damian Patterson Richie Bryant Jane Ward Neil Cranidge	0:42 0:52 1:03 1:04 1:22	2 nd
Leg 10 Tom Mitchel Justin Perry Sally Hunt Paul Stockley Barry Jenkins Ines Braun	0:36 0:43 0:43 0:41 1:04	1 st
Leg 11 Stuart Martin Jane Gould Paul Russell Andrew Tuffin Ali Blaney Justin Perry	0:52 0:54 0:56 0:56 0:56 1:02	2nd
Leg 12 Mark Riley Lynda Faulkner Amanda Ackroyd Phil Reese Jill Watson Jane Gould	0:56 0:59 1:11 1:13 1:13	3rd

22 May

May 5 − A great local 5 miles DRRL road race around Canford Heath that offers something for everyone. With an atmospheric start and finish at Ashdown Athletics Track.

Roger Teasdale	31:32
Arabella de S-Khandwala	36:43

15 May

Hook 10M – a pretty, rural 10-mile route on undulating countryside lanes, back for their 30th year.

Molly Rasch	1:02:14	1 st lady, 5 th overall
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12 May

Suzy Vivian Hill Climb - this race is organised by Spencer Mogridge and starts and finishes in Okeford Fitzpaine. It starts in handicap order to climb up Okeford Hill, then a mass start for the steep descent.

	Start	Up	Down	Total
	Order	Position	Position	Score
Tom Mitchel	10	1	3	4
Nick Reynolds	12	3	2	5
Steve Rigby	13	4	1	5
Roger Teasdale	11	2	6	8
Paul Russel	9	5	4	9
David Hurst	5	9	5	14
Helena Bastable	8	7	7	14
Andrew Tuffin	6	8	8	16
Frank Wilson	7	6	11	17
Craig White	4	10	9	19
Sarah Perret	3	11	12	21
Barry Jenkins	2	12	10	22
Victoria West	1	13	13	36

10 May

AVR Westbury 5k – a no frills, fast 3 lap 5k race with great PB potential, run on road with gun to tape chip timing.

Molly Rasch 17:58.9 **PB** 1st Lady

8 May

The Ox Half – a single lap route taking in the big hills of Rushmoor Estate with spectacular views before completing the loop around Cranbourne Chase Woods.

Jill Watson	2:27:19
Simon Partridge	2:40:04
Alie Madders	3:59:48

8 May

Light Ox – a quarter marathon event comprising hilly loops around Cranbourne Chase Woods.

Sally Hunt	0:48:11
Mark Damen	0:52:26
Alie Madders	1:22:24

7 May

The Beast Bach – a shorter version of the epic Preseli Beast starting in the village of Maenclochog to venture through the beast's lair before climbing through quarries and woodland to the Preseli Hills. A tough, scenic, and exciting circular fell race set in the heart of the Preseli Hills.

Jane Ward	2:23:26
Neil Cranidge	2:35:26

7 May

Ox 50 - 10 laps of a 5-mile hilly loop on a variety of off-road tracks and paths through Cranbourne Chase Woods.

Alie Madders 13:08:17

6 May

Dark Ox – a quarter marathon event comprising hilly loops around Cranbourne Chase Woods in the dark.

0:56:00	3 rd Lady
1:07:30	
1:11:41	
1:11:43	
1:11:49	
1:14:18	
	1:07:30 1:11:41 1:11:43 1:11:49

1 May

North Dorset Village Marathon – A picturesque race along country lanes through the villages of Hinton St Mary, Marnhull, Stalbridge, Todber, Stour Row, Margaret Marsh, West Orchard, Farrington, Child Okeford and Hammoon. An undulating marathon with plenty of support at the relay change-over points.

Tracy Cook	3:15:05	2 nd lady
Mark Riley	3:30:07	
Stuart Martin	3:32:35	
David Jackson	3:54:09	
Mark Damen	4:04:00	

1 May

NDVM Relay – a popular relay comprising 4 legs along the marathon route.

Dorset Blue Blazers 2:50:07 3rd Team (Steve Paige, Paul Stockley, Nick Reynolds, Nick Berry)

Dorset Blue Birds 3:04:053 2nd Ladies team (Molly Rasch, Arabella de S-Khandwalsa, Sally Hunt, Ali Blaney)

Dorset Blue Bandits 3:45:42

(Lucy Edwards, Neil Cranidge)

24 April

Sea-2-Summit – a tough half marathon of 17 miles through the stunning Welsh countryside, with amazing scenery the route winds its way along the ever-ascending Offa's Dyke finishing at the peak of Moel-y-Parc, a self-navigating dib-dab race following acorn footpath signs. Tidy!

Jane Ward 4:09:11 Neil Cranidge 4:09:11

22 April

Saturn Running Pop-Up Pokerun Midweek Marathon – multiply lap marathon

Dave Jackson 4:15:05

21 April

Broad Oak Hill – Our very own hilly internal club champs race organised by Tim Cotton. An out and back to ensure all the hills are experiences both up and down, and where all the hills seem to be up apart from the last steep decent to the finish. A rare treat and great fun, nevertheless.

Steve Rigby	23:03
Molly Rash	25:19
Nick Reynolds	26:00
Roger Teasdale	26:04
Spencer Mogridge	28:22
Justin Perry	28:33
Paul Russell	29:10
Michael Peters	29:52
Helena Bastable	30:18
Ali Blaney	30:24
Neil Cranidge	31:39
Richie Bryant	32:16
Lynda Faulkner	32:31
Andrew Tuffin	33:17
Ian Buckingham	33:49
Dave Hurst	33:55
Steve Fowles	34:58
Jane Ward	35:45
Sarah Parrett	38:55
Victoria West	41:07
Flora Brooke	43:05

Christine Willis 52:10
Sarah Jennings 52:10

18 April

Easter Bunny 10k – A popular, fairly flat road race on Easter Monday with a crazy Easter Bunny Medal.

Molly Rasch	0:37:48	3 rd Lady
Phil Reese	0:38:59	
Neil Cranidge	0:47:27	
Jane Ward	0:55:45	
Jen Lynch	0:58:48	
Flora Brooke	1:01:15	
Ines Braun	1:06:08	

10 April

The Oner – An amazing and seriously tough 82-mile ultra, along the hilly but very scenic Jurassic Coastline, starting from Studland Bay and running all the way to Charmouth, with a 24-hour cut off and amassing 5 UTMB qualifying points.

Jane Gould	21:56:23	2nd lady
David Cox	22:00:29	4 th MV50+

The Half Oner – as above but shorter, just the 45 miles then, starting from Studland Bay and finishing at Portland.

An unorthodox 21-mile version starting from Studland Bay to Kimmeridge.

Richie Bryant 4:59:40

10 April

Brighton Marathon – the second largest marathon in the UK with over 12,000 runners, the route snakes its way through Brighton city centre, along the glorious seafront.

Justin Perry 3:53:55

10 April

Dorset Ooser Half Marathon – a very scenic and undulating trail race on woodland paths and farm tracks.

Lynda Faulkner	2:04:56
Jill Watson	2:29:48
Julia Slade (with Tilly)	2:29:52

Simon Partridge 2:36:15

The Hiking Version - enjoying the sunshine, and more social aspects of the route.

Jane Ward 3:41:01
Neil Cranidge 3:41:04

10 April

Zurich Marathon – A fast out and back route along the shores of Lake Zurich.

David Jackson 3:42:46

10 April

Pen Selwood Tough 10k – a tough scenic undulating road race.

Roger Teasdale 40:29 2nd Mens

Ali Blaney 49:08 4th Lady, 1st FV40

Flora Brooke 1:03:17

3 April

Marnhull 12k – a popular undulating road race from St Gregory's School in Marnhull.

Molly Rasch	0:46:09	Course record, 1st Lady
Nick Berry	0:48:02	
Sally Hunt	0:56:17	
Ali Blaney	0:56:51	
Mark Damen	0:57:04	
Paul Stockley	0:57:04	
Neil Cranidge	0:59:28	
Guy Readman	1:00:25	
Arabella De Steiger Khandwala	1:01:05	
Chris Perrett	1:04:26	
David Hurst	1:05:27	
Julia Slade	1:05:32	
Jill Watson	1:05:32	
Jane Ward	1:06:58	
Craig White	1:09:38	
Tim Cotton	1:10:41	
Adam Frampton	1:14:55	
Angela Jamieson	1:14:55	

Sarah Perrett	1:14:46
Flora Brooke	1:15:19
Barry Jenkins	1:18:35
Victoria West	1:18:44
Laura Eckett	1:27:34
Stephen James (sweeping)	1:50:43
Rachel Harrison (sweeping)	1:50:43

3 April

Guernsey Marathon – a complete circuit around the coast path of Guernsey Island incorporating Guernsey's most iconic landmarks, taking runners through some of the Island's most scenic areas on the beautiful coastline.

Paul Russell	4:44:38
Amanda Adams	4:44:33

3 April

Manchester Marathon – a popular spring road marathon with great support and atmosphere.

Roger Teasdale	3:11:01
Lucy Edwards	4:21:35
Nick Summons	4:21:36

3 April

Bournemouth Bay Run 10k – this fast and mostly flat 10k route starts on the seafront promenade near Bournemouth Pier, passes Boscombe Pier to climb Gordons's zig zag steps and run along Southbourne Overcliff Drive.

Colin Ryall	54:12
Helena Bastable	58:41

27 March

Yeovil Half Marathon – an undulating course out to Montacute House and back along town roads, footpaths and country lanes finishing in the town centre.

Mark Damen	1:45:46
Arabella de S-K	1:49:30
Neil Cranidge	1:52:51
Jane Ward	2:00:39
Barry Jenkins	2:19:02

26 March

Saturn Running Spring-Time Turner Marathon – multiply lap marathon

Dave Jackson 4:30:35

20 March

Springtime Turner Marathon – multiply lap marathon

Dave Jackson 4:30:37

20 March

The Big Cheese Run - 15 miles of tough, hilly trails of Cheddar Gorge and the Mendip Hills, stunning scenery with far reaching views.

Chrissie Wellington 1:55:57

Jane Ward 3:16:10

Neil Cranidge 3:16:10

20 March

Eastleigh 10k – a flat, fast PB course

Steven Rigby 35:16 Molly Rasch 37:22

20 March

Weymouth Half Marathon – a flat, fast course along the sea front

Michael Peters 1:39:36
Barry Jenkins 2:25:43

18 March

Saturn Running ZZZZ Buzzing Bee Mid-week Marathon — multiply lap marathon

Dave Jackson 4:35:56

6 March

The Grizzly – a tough 20mile coastal trail race with much entertainment along the way, including live music, specially brewed race beer, knee deep mud, vertical cliffs, and stunning views.

Simon Partridge 4:23:58
Rachel Harrison 4:27:18
Jane Ward 4:50:45
Neil Cranidge 4:50:45

6 March

Imber Trail Ultra Marathon – a very hilly multi terrain 33 miles, ascending the escarpment of Salisbury Plain, then following the Imber Range Perimeter Path, including a number of iron age hill forts, in very remote countryside, apart from the Imber German Village at the halfway mark.

Paul Russell	5:23:34
Dave Cox	5:24:21
Sally Hunt	6:23:54
Tom Mitchell	6:23:54
Mark Damen	6:51:54

6 March

Weymouth 10k – a 2 lap multi terrain route on a mixture of pathways and fields including along the sea front with a howling wind against on the return leg.

Michael Peters	47:55
Steve Fowles	57:22
Jane Fowles	1:13:40

6 March

Hullavington 20 – a road race of 20-miles over two "unequal" laps of a gently undulating and picturesque course, starting and finishing in the village of Hullavington.

Roger T	easdal	e	2:23:48	4th M40+
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6 March

Spring Larmer Tree 20 Mile – a tough trail race with some steep climbs, and sharp descents, taking in the valleys of the Rushmoor Estate, with spectacular views across the countryside.

Justin Perry	3:06:23
Nick Summons	3:56:01

Spring Larmer Tree 7 Mile – as above but shorter.

Lee Collier	57:26	2nd Male
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Spring Larmer Tree Marathon – as above but significantly longer.

Ali Madde	rc	7:1	15.	1	5
All Iviauuc	13	/	LJ.	-1	,

5 March

Spring Larmer Tree Half Marathon – taking in the valleys of the Rushmoor Estate, with spectacular views across the countryside, this is a tough race with some steep climbs, sharp descents views.

Lerryn Chaffey 2:01:11 5th lady

Jill Watson 2:21:20
Barry Jenkins 2:48:54

Spring Larmer Tree 10 Mile – as above but a little bit shorter.

Molly Rasch 1:14:32 1st lady

27 February

The Terminator - a tough, hilly trail race in the stunning Pewsey Vale, a trail running Mecca. The route contains some steep hills, some deep mud and some fantastic scenery.

Jane Ward 2:09:38
Neil Cranidge 2:09:38
Barry Jenkins 2:22:37

27 February

Two Tunnels Railway Races – a truly unique race that not only takes in many of Bath's beautiful attractions, but also has the longest underground section of any race in the UK! Cutting right under the city of Bath along the closed Somerset & District Railway, the first tunnel is 408m long and the second is 1,672m long.

Roger Teasdale 1:26:09 4th M40+

13 February

Sika 10k — an undulating trail run around the beautiful Wareham Forest. Strong winds and freezing rain starting to come in at the end.

Sally Hunt 46:02 1st Lady

Michael Peters 47:03

Mark Damen 47:42

Ali Blaney 49:00 (tbc) 3rd Lady

Neil Cranidge 50:44
Craig White 55:20
Jane Ward 56:58

Sika 5k – as above but shorter

Annabelle Almond 38:00 (tbc)

13 February

Lytchett 10 – an undulating 10-mile road race counting towards DRRL.

Molly Rasch 1:05:40 2nd Ladies

Paul Russell	1:15:35	
Nick Summons	1:24:06	
Barry Jenkins	1:44:35	
Flora Brooke	1:48:56	3rd 65+

06 February

Portland Coastal Half Marathon – an epic run around the coast path of Portland Isle in 54mph winds, but stayed dry for fantastic views, a stunning run.

Jane Ward	2:44:35	4th F50+
Neil Cranidge	2:44:34	8th M55+

06 February

Blackmore Vale Half Marathon – an undulating road race organised by Inés on behalf of Blackmore Vale Lions. A DRRL race so great points for the team, well done everyone.

Steve Rigby	1:16:49	
Tom Mitchell	1:28:54	
Molly Rasch	1:29:39	5th Lady, 2nd FU35
Justin Perry	1:38:16	
Stuart Martin	1:41:05	
Paul Russell	1:41:30	
Ali Blaney	1:45:51	
Arabelle dSK	1:53:37	
Tim Cotton	1:55:27	
David Hurst	2:00:31	
Craig White	2:07:25	
Amada Ackroyd	2:07:43	
Chris Perrett	2:12:23	
Sarah Perrett	2:24:02	

30 January

Longleat 10k – an undulating road race starting in front of Longleat House

Molly Rasch	41:16	3rd lady, 2nd in Age Cat
Collin Ryall	54:15	

22 January

Dirty Devil Stampede – The Double – a tough undulating route around the iconic Bovington Tank training ground, land normally reserved for army training – the ultimate in mud running – gritty trails, hills, mud ana a lot of water, the sheep dip and knife edge.

Kate Hiscock	2:06:34
Simon Partridge	2:07:47
Neil Cranidge	2:18:57
Jane Ward	2:18:57
Stephen James	2:18:57

Dirty Devil Stampede 10k – as above but half the distance.

Steven Fowles	1:05:43
Jane Fowles	1:23:11
Kim Crane	1:23:11

14 January

Saturn Running Mid-week Chasing Numbers Marathon – multiply lap marathon

Dave Jackson 3:53:27

09 January

Milborne 10 – a tough undulating single lap internal club road race, along the country lanes from Milborne St Andrew through Hilton and the very picturesque Milton Abbas. In Milborne 10 race tradition all runners received a Mars/Twix/Snickers and a CupaSoup. It was great to see so many Doddlers complete the race.

1:06:31	1 st Mens
1:11:47	2 nd Mens
1:1323	
1:13:45	
1:14:42	
1:14:44	
1:15:41	
1:15:41	1 st Ladies
1:19:40	
1:20:46	2 nd Ladies
1:21:37	
1:21:54	
1:22:59	
	1:1323 1:13:45 1:14:42 1:14:44 1:15:41 1:15:41 1:19:40 1:20:46 1:21:37 1:21:54

Julia Slade	1:29:08
Jill Watson	1:29:08
Jane Ward	1:31:07
Kate Hiscock	1:32:21
Simon Partridge	1:32:21
Amanda Ackroyd	1:33:52
Craig White	1:34:51
Angela Jamieson	1:38:46
Barry Jenkins	1:44:55
Victoria West	1:48:52
Ines Braun	2:02:52
Wendy William	2:02:52
Wendy William	2:02:52

Also completing the best section of the race from Ansty Cross through Hilton and Milton Abbas were Flora Brooke and Christine Willis. Well done both.



03 January

Bell Challenge Marathon – a lapped out and back trail route in Littleham, Exeter.

Dave Jackson 3:53:12

02 January

Wessex Cross Country League – County Champs

Sharon Hutchings competed in all 3 fixtures and won her age group in all 3. Well done Sharon, a brilliant and consistent performance.

Fixture 1 – Learoyd Road – Sun 17 th Oct	25:56	1 st SW
Fixture 2 – Ferndown - Sun 7 th Nov	26:37	1 st SW
Fixture 3 – SW Inter Counties - Sun 2 nd Jan	30:20	1 st SW

01 January

Junction Broadstone Quarter Marathon – an undulating road race qualifying for DRRL, well done to those who made the effort, a fantastic start to the year.

Christopher Wright	38:27
Justin Perry	45:42
Suzanna Baker	52:49
Nick Summons	53:44
Nigel Legg	55:32
David Hurst	55:34

29 December

Plain Crazy – a 12.5 mile route across the hilly, scenic, and sometimes desolate Warminster countryside, supporting The British Legion Poppy Appeal.

Christopher Wright 1:25:34 3rd Overall

Roger Teasdale 1:59:44
Steve Fowles 2:12:33



