

AGE-ADJUSTED CLUB CHAMPIONSHIP 2022

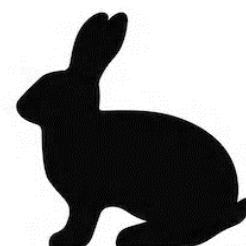
Milborne 10		09 Jan 10 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Brooke	69	01:15:41	00:57:11	1	
Stuart	Martin	61	01:13:23	00:59:23	2	
Michael	Peters	60	01:14:44	01:01:03	3	
Justin	Perry	49	01:11:47	01:04:41	4	
Tom	Mitchell	27	01:06:31	01:06:31	5	
Lynda	Faulkner	56	01:21:37	01:06:37		1
Roger	Teasdale	46	01:14:42	01:09:02	6	
Neil	Cranidge	55	01:22:59	01:10:58	7	
Paul	Russell	48	01:19:40	01:12:25	8	
Mark	Damen	35	01:13:45	01:13:17	9	
Sally	Hunt	39	01:15:41	01:13:59		2
Craig	White	61	01:34:51	01:16:45	10	
Jane	Ward	53	01:31:07	01:17:15		3
Arabelle	De SK	43	01:21:54	01:17:28		4
Ali	Blaney	41	01:20:46	01:17:33		5
Jill	Watson	49	01:29:08	01:19:19		6
Simon	Partridge	52	01:32:21	01:21:06	11	
Julia	Slade	46	01:29:08	01:22:01		7
Angela	Jamieson	49	01:38:46	01:27:53		8
Amanda	Ackroyd	43	01:33:52	01:28:47		9
Barry	Jenkins	56	01:44:55	01:28:55	12	
Victoria	West	47	01:48:52	01:40:10		10
Ines	Braun	55	02:02:52	01:42:53		11



Sika 10k		13 Feb 10k				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Michael	Peters	60	0:47:03	0:38:19	1	
Neil	Cranidge	55	0:50:44	0:43:13	2	
Craig	White	61	0:55:20	0:44:39	3	
Sally	Hunt	39	0:46:02	0:45:11		1
Mark	Damen	35	0:47:42	0:47:16	4	
Ali	Blaney	41	0:48:00	0:47:18		2
Jane	Ward	53	0:56:58	0:48:37		3

Yeovil Half		27 Mar 13.1 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Neil	Cranidge	55	1:52:51	1:36:44	1	
Jane	Ward	53	2:01:29	1:43:00		1
Arabella	deS-K	43	1:49:30	1:43:34		2
Mark	Damen	35	1:45:46	1:45:14	2	
Barry	Jenkins	56	2:19:02	1:58:06	3	

Marnhull 12k		03 Apr 12k				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Berry	48	0:48:02	0:43:31	1	
Molly	Rasch	31	0:46:09	0:46:08		1
Paul	Stockley	54	0:57:04	0:49:07	2	
Neil	Cranidge	55	0:59:28	0:50:44	3	
Flora	Brooke	69	1:15:19	0:51:38		2
Ali	Blaney	41	0:56:51	0:54:52		3
Sally	Hunt	39	0:56:17	0:54:59		4
Chris	Perrett	54	1:04:26	0:55:27	4	
David	Hurst	55	1:05:27	0:55:50	5	



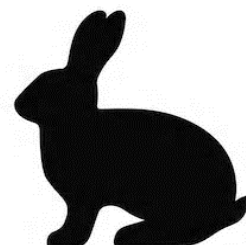
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Craig	White	61	1:09:38	0:56:15	6	
Mark	Damen	35	0:57:04	0:56:37	7	
Jane	Ward	53	1:06:58	0:57:09		5
Arabella	DeS-K	43	1:01:05	0:58:06		6
Guy	Readman	40	1:00:25	0:58:22	8	
Jill	Watson	49	1:05:32	0:58:41		7
Tim	Cotton	56	1:10:41	0:59:46	9	
Julia	Slade	46	1:05:32	1:00:41		8
Barry	Jenkins	56	1:18:35	1:06:27	10	
Adam	Framton	50	1:14:55	1:06:45	11	
Angela	Jamieson	49	1:14:55	1:07:05		9
Sarah	Perrett	48	1:14:46	1:07:44		10
Victoria	West	47	1:18:44	1:12:08		11
Stephen	James	51	1:50:43	1:37:48	12	
Rachel	Harrison	49	1:50:43	1:39:09		12

Broad Oak Hilly		21 Apr		4 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Steve	Rigby	38	23:03	22:17	1	
Roger	Teasdale	46	26:04	23:44	2	
Michael	Peters	60	29:52	24:17	3	
Nick	Reynolds	42	26:00	24:24	4	
Spencer	Mogridge	52	28:22	24:39	5	
Molly	Rasch	31	25:19	25:19		1
Justin	Perry	49	28:33	25:24	6	
Paul	Russell	48	29:10	26:09	7	
Ian	Buckingham	63	33:49	26:47	8	
Neil	Cranidge	55	31:39	26:50	9	
Lynda	Faulkner	56	32:31	27:00		2
Dave	Hurst	55	33:55	28:45	10	
Ali	Blaney	41	30:24	29:23		3
Richie	Bryant	44	32:16	29:50	11	
Andrew	Tuffin	48	33:17	29:51	12	
Flora	Brooke	69	43:05	30:11		4
Helena	Bastable	31	30:18	30:18		5
Jane	Ward	53	35:45	30:46		6
Steve	Fowles	49	34:58	31:07	13	
Sarah	Perrett	48	38:55	35:26		7
Victoria	West	47	41:07	37:50		8
Christine	Willis	63	52:10	39:40		9

Coombe Keynes 10k		19 Jun		10 km		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Sarah	Perrett	49	1:08:00	1:00:54		1
Jill	Watson	50	1:15:01	1:07:11		2

Portland 10		03 Jul		10 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Reynolds	43	1:02:02	0:58:45	1	
Chris	Wright	36	0:59:31	0:58:56	2	
Steve	Rigby	38	1:00:15	0:59:07	3	
Roger	Teasdale	46	1:06:49	1:01:45	4	
Molly	Rasch	31	1:03:06	1:03:02		1
Helena	Bastable	32	1:23:45	1:23:32		2
Ines	Braun	55	1:49:49	1:30:35		3



AGE-ADJUSTED CLUB CHAMPIONSHIP 2022

The Beast		04 Sep		13.1 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Fabrizio	Terzaghi	57	1:52:53	1:34:59	1	
Lynda	Faulkner	56	2:06:41	1:43:25		1
Justin	Perry	50	1:59:01	1:46:36	2	
Paul	Stockley	55	2:06:27	1:49:20	3	
Phil	Monk	53	2:05:51	1:50:47	4	
Matt	Clayton	62	2:19:15	1:51:46	5	
Craig	White	62	2:27:22	1:59:25	6	
Chris	Perrett	54	2:20:15	2:01:16	7	
Suzanna	Baker	41	2:06:48	2:01:45		2
Andy	Goodman	76	3:19:08	2:15:37	8	
Jill	Watson	50	2:36:00	2:18:49		3
Lucy	Brown	44	2:35:59	2:27:32		4
Angela	Jamieson	50	2:54:23	2:35:10		5
Adam	Frampton	51	2:54:23	2:36:12	9	
Sarah	Perrett	49	2:56:33	2:37:06		6
Jane	Ward	54	3:19:08	2:46:44		7
Victoria	West	47	3:37:21	3:17:54		8

Black Hill 10K		25 Sep		10 km		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Michael	Peters	61	0:51:22	0:41:27	1	
Philip	Reese	41	0:46:08	0:44:08	2	
Brian	Murison	77	1:16:07	0:50:35	3	
Ali	Blaney	42	0:54:57	0:52:40		1
Sally	Hunt	39	0:55:03	0:53:46		2
Mark	Damen	36	0:54:59	0:54:16	4	
Adam	Frampton	51	1:03:16	0:55:47	5	
Angela	Jamieson	50	1:05:46	0:58:54		3
Nick	Summons	49	1:05:57	0:59:09	6	
Sarah	Perrett	49	1:12:39	1:05:03		4
Jane	Ward	54	1:21:20	1:08:34		5

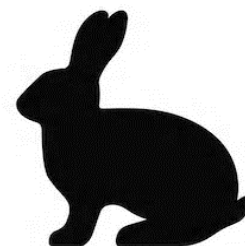
Studland Stampede		16 Oct		7.5 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Michael	Peters	61	0:59:03	0:47:42	1	
Lynda	Faulkner	56	1:01:55	0:50:53		1
Paul	Stockley	54	1:01:41	0:53:06	2	
Adam	Frampton	51	1:15:08	1:06:22	3	
Jane	Ward	54	1:21:03	1:08:19		2
Angela	Jamieson	49	1:17:31	1:09:24		3
Jill	Watson	49	1:21:03	1:12:34		4
John	Cowley	66	1:35:09	1:13:16	4	
Steven	Fowles	50	1:22:32	1:13:32	5	
Sarah	Perrett	49	1:24:01	1:15:14		5
Stephen	James	52	1:29:10	1:18:06	6	
Barry	Jenkins	57	1:34:08	1:18:53	7	
Victoria	West	47	1:48:07	1:39:03		6
Jane	Fowles	47	1:48:08	1:39:03		7



AGE-ADJUSTED CLUB CHAMPIONSHIP 2022

Wimborne 10		20 Nov 10 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Michael	Peters	61	1:12:20	0:58:32	1	
Tom	Mitchell	28	1:02:14	1:02:14	2	
Phil	Reese	41	1:06:01	1:03:32	3	
Justin	Perry	50	1:11:40	1:04:02	4	
Brian	Murison	77	1:38:10	1:05:30	5	
David	Hurst	56	1:23:42	1:10:56	6	
Flora	Brooke	69	1:44:36	1:11:06		1
Arabella	de S-K	44	1:17:12	1:12:24		2
Craig	White	62	1:30:25	1:12:28	7	
Andrew	Tuffin	48	1:20:06	1:12:48	8	
Ali	Blaney	42	1:17:21	1:13:44		3
Sally	Hunt	39	1:17:24	1:15:16		4
Mark	Damen	36	1:17:24	1:16:38	9	
Julia	Slade	47	1:35:46	1:27:12		5
Sarah	Perrett	49	1:38:06	1:27:17		6
Barry	Jenkins	57	1:49:34	1:32:02	10	
Anna	Dunning	39	1:35:46	1:33:07		7

STUR 5		01 Dec 5 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian	Barnes	61	36:04	29:05	1	
Michael	Peters	61	36:07	29:07	2	
Lynda	Faulkner	56	36:11	29:54		1
Steve	Rigby	39	31:54	30:48	3	
Justin	Perry	50	35:05	31:05	4	
Paul	Russell	49	35:45	31:56	5	
Molly	Rasch	32	33:13	33:11		2
Chris	Perrett	54	39:55	34:12	6	
Liz	Murfin	45	36:58	34:37		3
Richie	Bryant	45	38:09	35:11	7	
Ali	Blaney	42	37:18	35:47		4
Flora	Brooke	69	53:00	36:43		5
Sarah	Perrett	49	46:37	41:52		6
Vics	West	47	54:06	49:40		7



Best Marathon		Whenever 26.2 Miles						
RUNNER		AGE	ACTUAL	ADJUSTED	MALE	FEMALE	EVENT	DATE
Nick	Reynolds	43	02:40:53	02:32:56	1		London	02-Oct
Tracy	Cook	50	03:15:05	02:51:36		1	NDVM	01-May
Stuart	Martin	62	03:32:35	02:52:19	2		NDVM	01-May
Dave	Jackson	63	03:42:46	02:57:06	3		Zurich	10-Apr
Roger	Teasdale	46	03:11:01	02:57:08	4		Manchester	03-Apr
Mark	Riley	44	03:30:07	03:19:44	6		NDVM	01-May
Tom	Mitchell	28	03:21:20	03:21:20	7		Amsterdam	16-Oct
Justin	Perry	49	03:53:55	03:31:26	8		Brighton	10-Apr
Paul	Russell	49	04:07:10	03:45:21	9		Chester	02-Oct
Phil	Reese	41	03:53:28	03:47:03	10		Giants Head	25-Jun
Nick	Summons	49	04:21:36	03:56:28	11		Manchester	03-Apr
Mark	Damen	36	04:04:00	04:02:47	12		NDVM	01-May
Lucy	Edwards	43	04:21:35	04:08:14		2	Manchester	03-Apr
Dave	Fitzsimon	43	04:39:30	04:25:42	13		Clarendon	02-Oct
Nigel	Legg	51	04:58:35	04:27:34	14		London	02-Oct
Damian	Patterson	55	05:12:07	04:29:59	15		Brighton Trail	26-Jun
Amanda	Adams	43	04:44:33	04:30:05		3	Guernsey	03-Apr
Tim	Cotton	56	05:18:26	04:30:31	16		Brighton Trail	26-Jun

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Fabrizio	Terzaghi	57	05:37:27	04:46:40	17		Snowdon	10-Jul
Victoria	West	47	06:08:48	05:36:25		4	London	02-Oct
Barry	Jenkins	57	08:21:14	07:05:48	18		Brecon Beacons	28-May

Best 5K		Whenever 5K						
RUNNER		AGE	ACTUAL	ADJUSTED	MALE	FEMALE	EVENT	DATE
Duncan	Ward	53	17:30	15:10	1		Weymouth Parkrun	15-Jan
Graham	Smith	68	20:56	16:02	2		Blandford Parkrun	06-Aug
Chris	Wright	36	16:54	16:14	3		AVR Westbury 5k	14-Jun
Michael	Peters	61	21:06	17:09	4		Weymouth Parkrun	16-Jul
Nick	Reynolds	43	18:34	17:13	5		Blandford Parkrun	04-Jun
Roger	Teasdale	47	19:00	17:14	6		Blandford Parkrun	13-Aug
Nick	Berry	49	19:03	17:24	7		Weymouth Parkrun	26-Feb
Joan	Royal	85	37:33	17:38		1	Blandford Parkrun	09-Apr
Justin	Perry	50	20:14	17:48	8		Blandford Parkrun	27-Aug
Molly	Rasch	32	17:59	17:59		2	AVR Westbury 5k	10-May
Ian	Buckingham	64	22:45	18:02	9		Blandford Parkrun	22-Jan
Tom	Mitchell	28	18:07	18:07	10		AVR Westbury 5k	14-Jun
Lynda	Faulkner	56	21:59	18:22		3	Blandford Parkrun	06-Aug
Orlando	Brooke	38	19:16	18:29	11		Clapham Common	23-Apr
Phil	Monk	53	21:19	18:29	12		Blandford Parkrun	06-Aug
Paul	Russell	49	20:49	18:30	13		Blandford Parkrun	23-Apr
Paul	Stockley	55	22:01	18:47	14		Henstridge Parkrun	22-Jan
Ian	Moore	51	21:59	19:21	15		Henstridge Parkrun	29-Jan
Neil	Cranidge	56	22:55	19:24	16		Henstridge Parkrun	12-Mar
Nigel	Legg	51	22:17	19:37	17		Henstridge Parkrun	26-Mar
Lee	Collier	47	21:40	19:39	18		Blandford Parkrun	30-Apr
Lucy	Edwards	44	22:41	19:53		4	Blandford Parkrun	02-Jul
Craig	White	62	24:39	19:53	19		Blandford Parkrun	04-Jun
Nick	Summons	49	22:34	20:01	20		Blandford Parkrun	13-Aug
John	Townsend	52	23:13	20:17	21		Blandford Parkrun	22-Jan
Colin	Ryall	58	24:57	20:37	22		Henstridge Parkrun	26-Mar
Flora	Brooke	69	29:22	20:50		5	Blandford Parkrun	30-Apr
Shams	Wahab	59	25:25	21:00	23		Henstridge Parkrun	12-Mar
John	Willis	37	21:58	21:23	24		Blandford Parkrun	11-Jun
Mark	Damen	36	21:27	21:27	25		Blandford Parkrun	12-Feb
David	Hurst	56	24:43	21:35	26		Blandford Parkrun	23-Apr
Sally	Hunt	39	21:47	21:47		6	Blandford Parkrun	12-Feb
Jane	Ward	54	25:42	22:13		7	Great Field Parkrun	19-Feb
Suzanna	Baker	41	22:57	22:20		8	Blandford Parkrun	06-Aug
John	Cowley	66	28:55	22:33	27		Blandford Parkrun	05-Feb
Ali	Blaney	42	23:26	22:41		9	Grove Fields	29-Jan
David	Jackson	64	29:26	23:09	28		The Old Showfield	28-May
Frank	Wilson	37	24:10	23:22	29		Henstridge Parkrun	21-May
Barry	Shea	47	26:03	23:27	30		Henstridge Parkrun	02-Jul
Sarah	Perrett	49	26:17	24:00		10	Blandford Parkrun	04-Jun
Adam	Frampton	51	26:32	25:14	31		Blandford Parkrun	23-Jul
Amanda	Adams	44	26:50	25:37		11	Blandford Parkrun	03-Sep
Chris	Cussen	72	35:04	25:45	32		Henstridge Parkrun	22-Jan
Christine	Willis	64	33:51	26:51		12	Blandford Parkrun	08-Jan
Stephen	James	52	34:35	30:12	33		Henstridge Parkrun	12-Mar
Barry	Jenkins	57	44:11	36:49	34		Henstridge Parkrun	06-Aug

